

# TRADER REPORT

## Weekly Trading Strategies



# GCRU Trading



## BIG PIC

The U.S. economy remains strong but economic activity continues to moderate.

The Federal Reserve chairman, Jerome Powell, testified before a Senate committee yesterday, acknowledging moderation in key aspects, such as the labor market. The unemployment rate was reported to have ticked higher this past week to 4.1%.

Powell didn't provide specific guidance on where rates will be later this year; rather, he confirmed upside risks are low and for the rest remain data dependent. However, the Fed will want to see further progress and avoid loosening monetary policy too early, risking losing the progress made to date against inflation.

The decline in economic activity also weighs heavily on the U.S. dollar index. It's no coincidence that the index initially resisted below a downtrend near 106-107.

## IN THIS ISSUE

**U.S. DOLLAR INDEX RESISTS AT KEY LEVEL AS U.S. ECONOMY MODERATES**

**CRUDE OIL ECHOES DOLLAR ACTION**

**GOLD REBOUNDS ABOVE KEY SUPPORT LEVEL, IS THE 'D' DECLINE OVER?**

**COPPER'S LOOKING GOOD**



OMAR AYALES



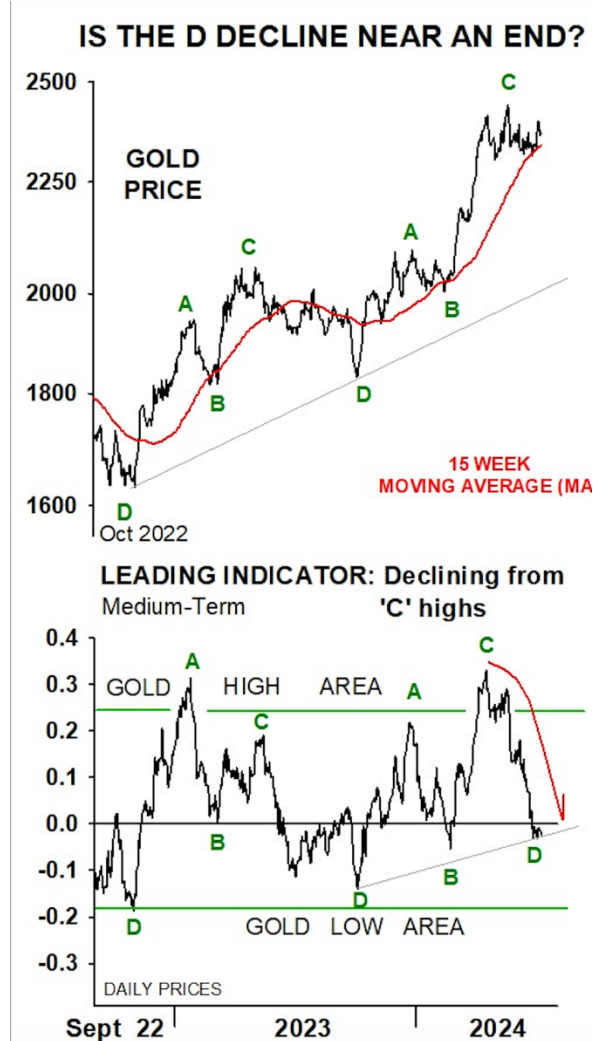
Notice this first chart of the U.S. Dollar index. You can see the dollar resisting at the 106-107 level and then pulling back. The leading indicator below is piercing below the zero line with more room to fall further. The chart suggests the U.S. dollar index could continue to fall ST. The dollar index must break below 104 to show extended weakness.

Weakness in the U.S. dollar is giving the gold universe and resources a boost upward. Gold, silver, and the miners are back on the rise. This tells us gold's 'D' decline might be nearing its end.

This next chart shows gold since September 2022, with the A and C peaks and B and D lows. Notice that 'D' declines are the stronger declines, usually overshooting the 23-month MA (redline) on the downside.

Moreover, the current decline has reached the length and intensity of a 'B' decline, the more moderate decline of the two types in the ABCD cycle. It would seem there could be one last pull back to re-test support levels before the gold universe breaks out to new highs.

We have strong exposure to the gold universe but remain ready to buy more on extended weakness.



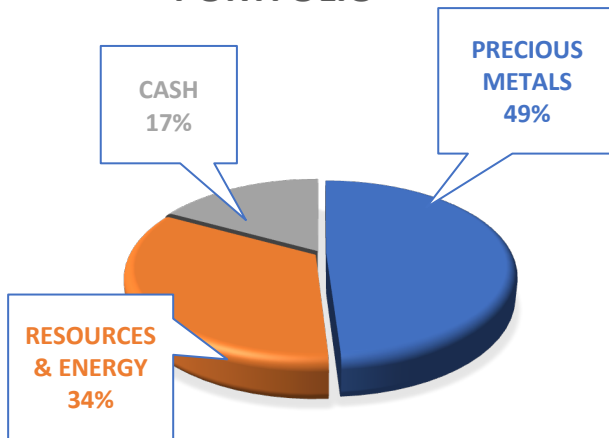
**“Success rides on the hour of decision”  
-Jesse Livermore**

KEY PRICES			
Name/Symbol	Jul 09,24 Price	Change	Jul 02,24 Price
Gold (GCQ24)	<b>2367.90</b>	34.50	<b>2333.40</b>
Silver (SIU24)	<b>31.06</b>	1.40	<b>29.66</b>
HUI (HUI)	<b>284.13</b>	17.46	<b>266.68</b>
Copper (HGU24)	<b>4.58</b>	0.16	<b>4.42</b>
Crude Oil (CLQ24)	<b>81.41</b>	-1.40	<b>82.81</b>
S&P500	<b>5576.98</b>	67.97	<b>5509.01</b>
U.S.Dollar (DXU24)	<b>104.81</b>	-0.60	<b>105.41</b>
30 Year T-Bond (ZBZ24)	<b>118.44</b>	1.78	<b>116.66</b>
10 Year T-Note Yield	<b>4.300</b>	-0.136	<b>4.436</b>
13-week Treasury Bill	<b>5.225</b>	-0.003	<b>5.228</b>

**CHART INDEX**

- Precious Metals ..... 4
- Gold Miners ..... 5
- Junior Miners ..... 6
- Silver Miners ..... 7
- Resources & Energy
- Industrial Metal Cos ..... 8
- Big Oil ..... 9
- Uranium Cos ..... 11
- Trader Sheet ..... 12

**PORTFOLIO**





# OPEN POSITIONS

**PRECIOUS METALS:** Confirming support above key levels and making progress towards reversing downside pressure. However, they're not yet out of the woods and in the clear.

## Gold Price

- Broke above the May downtrend, confirming support at \$2300. Must now rise above \$2450 to confirm renewed strength and put an end to gold's 'D' decline.
- Remember gold's deeper support is at the Oct 2023 uptrend near \$2200.
- Leading indicator is taking off, showing signs momentum is picking up steam.
- Have a small position. Hold. Buy more below \$2300.

## Silver Price

- Broke above the May downtrend, echoing gold's action. The move confirms support above the Feb uptrend near \$29. Silver remains strong above this trend.
- To confirm strength, silver must rise above the May peak at \$32.50.
- Leading indicator broke above the zero line showing momentum picking up steam.
- Have a full position. Hold. Buy some more below \$30.



**GOLD BUGS INDEX (HUI)**  
07/09/24 CLOSE = 284.07



**GOLD MINERS:** Are looking strong. The HUI Index (a gold miner index) is holding near the May peak. It's very strong above the mid-channel line at 265. If the index now stays above 265, it could then rise to the top side of the intermediate upchannel near 300, or higher. Moreover notice the leading indicator taking off after breaking above the zero line earlier this week. It's telling us momentum is on the rise.

**AGNICO EAGLE MINES LIMITED (AEM)**  
07/09/24 CLOSE = 70.2



**Agnico Eagle Mines (AEM)**

- Broke above the May downtrend showing renewed strength and confirming support above the recent low at \$63.
- A clear break above \$70 and it's off to the races! It could then rise to \$80, initially.
- Leading indicator is bullish after breaking out above the zero line.
- Holding a full position. Wait for a pull back to buy more.

**ALAMOS GOLD INC. (AGI)**  
07/09/24 CLOSE = 16.71



**Alamos Gold (AGI)**

- Bounced up with strength, confirming support at the \$14.50-\$15 level. The recent move is creating a new uptrend since Feb suggesting AGI remains bullish above \$15.75.
- Leading indicator is bullish!
- Have a full position. Hold. Wait for a pull back to buy more.

## HARMONY GOLD MINING COMPANY LIMITED

(HMY) 07/09/24 CLOSE = 9.64



## Harmony Gold Mining (HMY)

- Bullish above the Feb uptrend & support near \$9; it has intermediate support at the Oct 2023 uptrend near \$7.50.
- Must rise above \$10 to show renewed strength.
- Leading indicator is bullish showing upside potential ST.
- Have a full position. Hold. Wait for a pull back to buy more.

**JUNIOR MINES:** Continue to show strong upside potential. Many broke out the past week and are showing signs of strength.

## Avino Silver & Gold (ASM)



- Bouncing up, showing support at the Feb uptrend near \$0.90. ASM is now back near \$1 showing signs of renewed strength. Must rise above the recent peak at \$1.10 to break out.
- Leading indicator picking up steam.
- Overweight. Hold.

## Blackrock Silver Corp (BKRRF)



- Broke above a downside wedge pattern showing upside potential ST. It's also confirming support above the Jan 2024 uptrend near \$0.18.
- BKRRF may now rise to its next critical resistance at the Aug 2023 downtrend & resistance near \$0.26.
- Leading indicator is turning bullish, breaking above the zeroline.
- Have a full position. Hold.





### I-80 Gold Corp (IAUX)

- Continues to consolidate support at the \$1 level. A break above \$1.10 could now push IAUX up to test heavier resistance at \$1.30, the Dec 2023 downtrend.
- A break above this major resistance and it's off to the races!
- Leading indicator quietly on the rise.
- Overweight. Hold.



### New Pacific Metals Corp (NEWP)

- Bouncing up and confirming support above the Feb uptrend near \$1.40, and opening the door to a stronger rebound.
- Leading indicator is on the rise, testing zero, showing growing signs of strength.
- Holding a small position. Buy more below \$1.40.



### Vizsla Silver Corp (VZLA)

- Looking very strong as it holds near the highs. Must now break above the recent peak at \$1.90 to show renewed strength.
- Has bullish support at the Feb uptrend near \$1.60, and intermediate support lower, near \$1.15.
- Leading indicator is uptrending, showing upside potential.
- Holding a full position. Buy more on a dip below \$1.70.

**SILVER MINES:** Bouncing up with strength showing renewed upside potential.

### HECLA MINING COMPANY (HL)

07/09/24 CLOSE = 5.28



### Hecla Mining Co (HL)

- Bouncing up, breaking back above \$5 showing strength, opening upside potential.
- Leading indicator is bullish breaking out above the zeroline.
- Overweight. Hold.

### Wheaton Precious Metals (WPM)

- Bouncing up confirming support above the recent lows at \$52. WPM is now testing/breaking the May downtrend near \$56. A clear break opens the door to more upside.
- Leading indicator is bullish on the rise.
- Have a small position. Hold. Buy back near \$52.

### WHEATON PRECIOUS METALS CORP. (WPM)

07/09/24 CLOSE = 56.09



### RESOURCES & ENERGY

**INDUSTRIAL METALS:** Are bouncing up, showing strong upside potential. Dr. Copper is rebounding stronger, confirming bullish support above the Feb uptrend near \$4.40. Copper could now rise to \$5.20.

### FREEPORT-MCMORAN INC. (FCX)

07/09/24 CLOSE = 50.8



### Freeport McMoran (FCX)

- Broke above the May downtrend confirming support at the Mar uptrend and showing strong upside potential. FCX could re-test the recent high if it stays above \$48.
- Leading indicator is on the up-move showing momentum picking up steam.
- Have a full position. Hold.





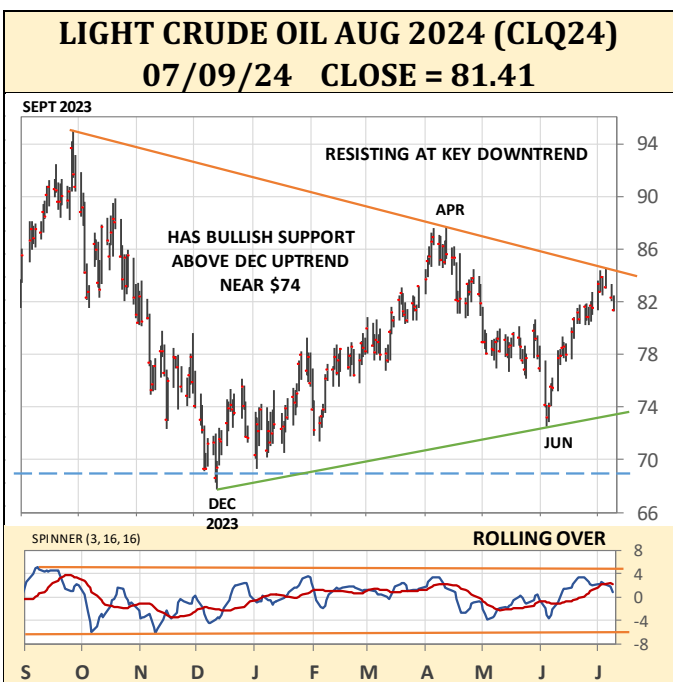
**Glencore PLC (GLNCY)**

- Bouncing up from support near \$11.50, the Feb uptrend. It's back above \$12 and looking ripe for an extended upmove, to possibly the top side of the Feb upchannel near \$15.
- Leading indicator is bullish above zero showing momentum is growing.
- Overweight. Hold.



**Ivanhoe Mines ([IVN.TO](#))**

- Bouncing up, confirming support above the Nov 2023 uptrend near \$17.50. Must now break above \$19.50 to show continued strength.
- Leading indicator is trending up, it's showing bullish momentum could continue to push IVN higher.
- Overweight. Hold.



**BIG OIL:** Crude oil failed to break above the Sept 2023 downtrend near \$85. It's now showing signs of weakness and unless it breaks out above resistance, it could pull back below \$80. Crude oil and the U.S. dollar index continue to move together, for now resisting at a critical juncture as the prospect of U.S. economic moderation grows.



### Exxon Mobil (XOM)

- Resisted at the Apr downtrend, capping its bullish rebound rise from the Jun lows. XOM is now pulling back and could retest the Jan uptrend & support near \$110. If it holds at the support, XOM could resume its bullish rise since Jan; but if it breaks below support, we could see the Jun low tested & weakness develop further.
- Leading indicator bullish above zero, but seemingly rolling over.
- Overweight. Hold.



### Totalenergies SE (TTE)

- Flirting with the \$70 handle after bouncing up from the Aug 2023 uptrend & support at \$66. TTE remains bullish above this support and if it can stay above \$70, we could see the recent rebound extended.
- Leading indicator remains bullish within a high area.
- Have a full position. Hold.



### YPF S.A. (YPF)

- Continues to hold above support at \$19, the recent low, while resisting at the May downtrend, a recent ST resistance. Both levels together form a bearish descending triangle. This means, if YPF breaks below \$18.50, it could spark a decline to deeper support near \$15.50, the Nov 2023 uptrend & support.
- Leading indicator is on the rise, testing zero.
- Have a full position. Hold.

URANIUM COs: Remain under pressure ST. Have stronger upside potential down the road.



### Uranium Royalty Corp ([URC.TO](https://www.uraniumroyalty.com))

- Continues to test support at \$3 but struggling to gain any upside momentum. The Jan downtrend and the \$3 support are creating a massive bearish descending triangle. This tells us if URC breaks \$3, it could ignite a steeper decline.
- Leading indicator trending up from extreme lows, but still under pressure below the zeroline.
- Overweight. Hold.

Good luck and good trading,

Omar Ayales  
Chief Strategist/GCRU  
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A division of Aden Research

## TRADER SHEET

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets	
<b>PRECIOUS METALS PORTFOLIO (49%)</b>							
<b>GOLD (GCQ24)</b>	Have a small position. Hold. Buy more below \$2300.	H, B		\$1900 (Sept-21-20), \$1880 (Dec-23-20); \$1775 (Feb-17-21), \$1865 (May-25-21). Sold some at \$1900 for small gain. Bot: \$1795 (Jul-15-21) Sold some at \$1925 for 5% gain. Sold more at \$2030 for 10% gain. Sold more at \$2305 for 25% gain. AVG: \$1840.	<b>2367.90</b>	Hold.	\$2400 (Reached)
<b>PHYS</b>	Alternative to trading gold in commodity markets.	H		\$15.20 (Sept-21-20), \$15.15 (Dec-23-20), \$14.23 (Feb-17-21), \$14.90 (May-25-21), Sold some at \$15.20 for small gain. Bot \$14.25 (Jul-8-21). Sold some at \$14.85 for small gain. Sold more at \$15.80 for 10% gain. Sold more at \$17.80 for 25% gain. SAVG: \$14.50.	<b>18.36</b>	Hold.	-
<b>SILVER (SIU24)</b>	Have a full position. Hold. Buy some more below \$30.	H, B		Bot: \$15.80 (Jul-17-19), \$16.50 (Aug-7-19), \$16.80 (Nov-8-19), \$12 (Mar-18-20), \$15.20 (May-6-20). Sold half for 17% gain (Jun-22); Sold more for a 70% gain (Aug-4-20). Bot: \$23 (Sept 23-20), \$25.50 (Dec-22-20). Sold some (Mar-31-21) for 14% gain. Bot: \$27.50 (May-21-21), \$23.95 (Oct-29-21). Sold half at \$19.20 for 17% loss. Bot: \$20.25 (Oct-5-22). Sold some at \$24 (Jan-23) for 11% gain. Bot: \$20.75 (Feb-27-23); Sold some at \$25.50 (Apr-2023) for 17% gain; Bot: \$21.90 (Oct-12-23). Sold some at \$24.30 for 13% gain. Bot: \$22.90 (Jan-11-24). Sold some at \$26.50 to protect a 20% gain. AVG: \$22.	<b>31.056</b>	Hold	ST: \$30 (Reached), MT: \$50
<b>PSLV</b>	Alternative to trading silver in commodity markets.	H		Bot: 5.50 (Jul-17-2019), 6.25 (Aug-7-19), 6.19 (Nov-8-19), 4.65 (Mar-18-20) (AVG: 5.65). Sold half for 17% gain. Sold more at 9.50 for 70% gain (Aug-4-20). 8.20 (Sept-23-20), 8.87 (Dec-22-20). Sols some at \$8.75 (Mar-31-21) for average 14% gain. Bot 9.99 (May-21-21), 8.35 (Oct-29-21). Sold half at 6.40 for 17% loss. 6.95 (Oct-5-22). Sold some at 8.20 for 11% gain. Bot: 7.08 (Oct-12-23). Sold some at 8.25 for 13% gain. Bot: \$7.60 (Jan-11-24) AVG:\$ 7.50	<b>10.49</b>	Hold.	-
<b>GOLD SHARES</b>							
<b>AEM</b>	Holding a full position. Wait for a pullback to buy more.	H, B		\$45.50 (Feb-22-23), \$46.50 (Mar-1-23); AVG: \$46.	<b>70.20</b>	Hold.	\$60 (Reached!) & \$80
<b>AGI</b>	Have a full position. Hold. Wait for a pullback to buy more.	H, B		\$9.50 (Dec-16-22), \$9.90 (Feb-24-23), \$12.45 (Apr-27-23); Sold half at \$11.75 for 11% gain. Bot: \$11.75 (Sept-25-23). Sold half at \$14.35 for 30% gain; Bot: \$12.48 (Jan-10-24), \$12.15 (Jan-31-24). Sold some at \$15 for 26% gain (May-1-24). Sold some at \$16.55 (Jun-5-24) for 40% gain. AVG: \$11.90.	<b>16.71</b>	Hold.	\$15 (Reached)
<b>HMY</b>	Have a full position. Hold. Wait for a pull back to buy more.	H, B		\$5.90 (Jan-3-24), \$5.45 (Jan-17-24). Sold some at \$8.75 for 55% gain (May-1-24). AVG: \$5.65.	<b>9.64</b>	Hold.	\$7.50 Reached
<b>JUNIOR MINERS</b>							
<b>ASM</b>	Overweight. Hold.	H		\$0.77 (Apr-10-24), \$0.72 (Apr-15-24), \$0.95 (Jun-4-24). AVG: \$0.81.	<b>0.98</b>	-	\$1 (reached)
<b>BKRRF</b>	Have a full position. Hold.	H		\$0.245 (May-22-24).	<b>0.20</b>	-	\$1
<b>IAUX</b>	Overweight. Hold.	H		\$1.19 (Apr-22-24), \$1.19 (May-1-24), \$0.98 (Jun-25-24). AVG: \$1.12.	<b>1.06</b>	Hold.	\$2.
<b>NEWP</b>	Holding small position. Buy more below \$1.40.	H, B		\$1.48 (Jun-25-24).	<b>1.52</b>	-	-
<b>VZLA</b>	Holding a full position. Buy more on a dip below \$1.70.	H, B		\$1.20 (Mar-13-23), \$1.40 (Apr-24-23), \$1.15 (Mar-6-24); Sold some at \$1.85 for 48% gain. Sold more at \$1.70 for 36% gain. AVG: \$1.25.	<b>1.81</b>	Hold	\$2.2 & \$3

## TRADER SHEET CONTINUED

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
<b>SILVER SHARES</b>						
HL	Overweight. Hold.	H	\$4.40 (Jan-3-24), \$4.05 (Jan-17-24), \$4.98 (Apr-26-24) Sold some at \$5.50 for 24% gain (Jun-5-24). Bot: \$4.92 (Jun-25-24). AVG: \$4.45.	<b>5.28</b>	Hold	\$7
WPM	Have a small position. Hold. Buy back near \$52.	H, B	Bot: \$39 (Mar-8-23), \$47.50 (May-19-23), \$44.50 (Jun-16-23). Sold some at \$48.50 for 11% profit. \$45.70 (Jan-22-24). Sold some at \$53 for 20% gain! (May-1-24). Sold more at \$53.45 to protect a 21% gain (Jun-5-24). AVG: \$44.30.	<b>56.09</b>	Hold.	\$52 & \$65
<b>RESOURCES &amp; ENERGY (34%)</b>						
<b>INDUSTRIAL METALS</b>						
FCX	Have a full position. Hold.	H	Bot: \$39.50 (Feb-24-23), \$37 (Mar-13-23), \$38 (Mar-23-23). Sold some at \$40 for 5% gain. Sold more at \$50 to protect a 31% profit. Bot: \$47.50 (Jun-14-24). AVG: \$42.80.	<b>50.80</b>	Hold.	\$48 (Reached) & \$52 (Reached)
GLNCY	Overweight. Hold.	H	\$12.40 (May-16-24), \$12.20 (May-22-24), \$11.45 (Jun-14-24). AVG: \$12.	<b>12.13</b>	-	-
IVN.TO (IVPAF.OTC)	Overweight. Hold.	H	Bot: \$10.90 (Feb-24-23), \$11 (May-11-23). Sold half at \$12.55 for 15% gain. Bot: \$11.80 (Aug-24-23), \$10.80 (Nov-15-23). Sold some at \$14.25 for 27% gain (Jan-24-24). Sold more at \$19 for 70% gain! (May-1-24). Bot: \$17.90 (Jun-7-24). AVG: \$13.40.	<b>19.00</b>	Hold.	\$22.50

## TRADER SHEET CONTINUED

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
<b>BIG OIL</b>						
<b>XOM</b>	Overweight. Hold.	H	Bot: \$105.50 (Oct-11-23), \$105 (Oct-26-23), \$103 (Dec-20-23). Sold some at \$121 (Apr-24-24) for 16% gain. Bot: \$116 (May-1-24). AVG: \$108.	<b>110.97</b>	Hold.	\$120 (Reached)
<b>TTE</b>	Have a full position. Hold.	H	Bot: \$59.20 (Jul-26-23), \$63.75 (Sept-6-23). Sold half at \$66 for 7% gain. Bot: \$62.85 (Jan-17-24). Sold some at \$70.65 for 14% gain. Bot: \$67.15 (Jun-13-24). AVG: \$64.65.	<b>68.09</b>	Hold.	\$75
<b>YPF</b>	Have a full position. Hold.	H	\$16.90 (Dec-13-23), \$17.25 (Dec-21-23), \$16 (Jan-24-24). Sold some at \$18.25 to protect 10% gain. Bot: \$20 (Apr-3-24). Sold some at \$20.85 to protect 16% profit. (Jun-4-24) AVG: \$17.80.	<b>20.73</b>	1dc below \$15.50	\$25 & \$40.
<b>URANIUM COMPANIES</b>						
<b>URC.TO</b>	Overweight. Hold.	H	CA\$3 (Aug-18-21), CA\$3.10 (Aug-26-21). Sold half at CA\$6.30 for 105% gain! Bot: CA\$5.75 (Oct-15-21), CA\$5.65 (Oct-29-21). Sold excess at CA\$6.50 for 48% gain! Bot: CA\$4.90 (Dec-3-21), CA\$3.62 (May-11-22). Sold half at CA\$4.88 for 11% gain! (Jan-23-24). CA\$3.52 (Mar-6-24), CA\$3.42 (May-8-24). AVG: CA\$3.85.	<b>3.08</b>	Hold.	ST: CA\$7, MT: CA\$10 (UROY: ST: CA\$5.70 & MT: CA\$8)



## Trading Strategy

GCRU Trading is all about achieving profits by trading stocks, commodities and bonds. We have a diversified approach using companies with great fundamentals offering great value compared to the broader market. Trades are driven mainly by technical analysis but stocks are picked based on their fundamentals, momentum and their overall strength in their sector. All recommended companies are great assets, and even though we trade short and intermediate trends, they are worthwhile keeping longer term if you're building a longer-term portfolio.

We also believe in an approach that allows us to average in and average out. This is important because averaging in near a low, and averaging out near a peak gives us great profit advantages.

Our portfolio is designed for you to follow it down to the penny, but you can also use it as a reference or guide. Or you can just use the individual trades we're constantly coming up with.

The track record we keep takes into account all of the trades executed. It doesn't take into account performance on cash, dividends nor does it contemplate associated fees or expenses.

For trading purposes, we consider a full position to be one that is 4% of our total portfolio. We tend to buy partial positions (consisting of 2% of total portfolio) and at any given moment we could be overweight, meaning owning more than a full position.

On the trader sheets found in the final pages of each issue, you'll see a reference to our positioning, be it overweight, full, reduced or small. I also include next to each portfolio section, the percentage allocated to that particular sub portfolio.

Transparency, communication and discipline are keys to successful trading. If you have any questions or concerns, please feel free to email me at [oayales@adenforecast.com](mailto:oayales@adenforecast.com).

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**Note:** U should NOT feel our recommended prices are set in concrete. If mkts suddenly feel hot or cold to U, or dramatic news occurs, U can buy or sell, or stop at slightly higher or slightly lower prices. It also hinges on your experience level. Some people can use our prices as guides & know when they can take bigger risks.

**Spinner:** Spinner is an in-house momentum indicator (not always shown on charts). Momentum indicators use the rate of change in price to determine predominant energy flows. Spinner trading signals are generated when the faster timing line crosses above or below the slower confirming line. Upside crosses in the lower range of positive territory offer the most reliable signals for longs; downside crosses in the top range of negative territory for shorts. Avoid trading against the timing line, i.e., buying/selling if the timing line is in corrective mode (against direction of trade) unless the confirming line is positioning for a new 'confirming cycle'. It's important to always be aware of location, direction & cycling phase of the confirming line. Spinner signals are more effective in trending mkts than in trading ranges where indicators such as Stochastic & Williams %R should be used.

ABBREVIATIONS	
	1-day close (the share price must close above or below the indicated price level, before our recommendation is activated)
1dc	
2dc	2-day close (consecutive)
bot	bought
CAD\$	Canadian dollar
H&S	head & shoulder
LOC	line on close
LT	long term
MT	medium term
NL	neckline
PF	portfolio
PO	price objective
Recom	recommended
RH&S	reverse head & shoulder
RS	relative strength
ST	short term
Sym/tri	symmetrical triangle
Tgt	target
Unch	unchanged
Vol	volume
Wk	week
Ystdy	yesterday
C	close

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