

# TRADER REPORT

## Weekly Trading Strategies



# GCRU Trading



## BIG PIC

This past week was action-packed, starting with silver breaking out above a key longer-term resistance. The breakout above \$30 was huge, reaching an 11+ year high, and it opened the door for a continued rise to possibly its all-time high near \$50.

Silver is finally catching a bid after seeing gold and, more recently, copper rise to new all-time highs. Before the breakout above \$30, silver had failed to overcome that level on many occasions. The breakout is bold and should not be taken lightly.

Silver's strength shouldn't come as a surprise. Remember, silver has lots going for it. It's a precious metal and currency, for one, but it's also an industrial metal with many commercial and industrial applications.

But it wasn't silver's breakout on its own, it was the miners' price action too! They're shooting up, above critical resistance, with many at new highs.

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***SILVER & JUNIOR MINERS  
BREAKOUT!***

***WE'RE BUYING MORE!***

***GOLD & COPPER ALSO  
REACH NEW ALL TIME  
HIGHS!***

***U.S. DOLLAR REMAINS  
UNDER PRESSURE***

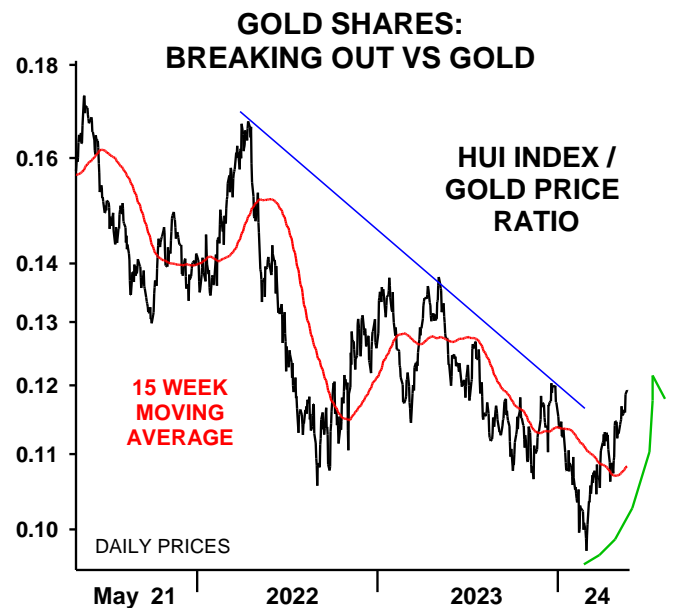


OMAR AYALES

As mentioned last week, the junior miners are glowing with upside potential. This past week was a strong confirmation that a stronger rise is just getting started.

The rises in silver and the miners (particularly the juniors), are well above heavy, dense, longer-term resistance, thereby exposing growing momentum that could fuel a parabolic rise in the gold universe.

My chart of the week consists of a sequence of two charts. They're ratios that compare two assets. The first is a ratio between the HUI Index and the gold price since 2020, with a red line, a 15-week MA. When the ratio falls, it favors gold; and when it rises, it favors the miners.



Notice the recent bounce up that came from extremely low levels, is now well above the 15 wk MA (red line). Price action suggests the recent bounce could turn into an uptrend, suggesting the miners are poised to also outperform gold moving forward.

This chart not only confirms our position of owning gold miners over gold itself, but it also is very bullish for the gold universe.

You'll remember when the miners outperform gold; it tends to be a sign of super strength within the gold universe.

Another interesting confirmation is the performance of the junior miners compared to the seniors. Usually, the senior miners are well-established mining companies developing properties, producing gold, and selling bars. These are the safe bets.

Junior miners are the opposite. They're highly speculative. They're companies that are not yet profitable and usually burn through cash. They're probably not yet producing metals. They're often not even looking to reach production capacity; they're just waiting for a big fish to buy them out at a higher multiple.

When junior mines outperform senior mines, it's the most bullish moment for the gold universe. It also tends to coincide with Western investors coming into the market.

Chart 2 of the sequence shows a ratio between the GDXJ and the GDX. The GDX is essentially a proxy for the HUI Index. The GDXJ is similar but composed exclusively of junior miners. The comparison allows us to identify what is currently favored and provides a glimpse of what's coming.



When the ratio goes up, it favors junior mines over seniors. The opposite is true when it goes down. Notice on the chart, the seniors have grossly outperformed the juniors since the 2021 peak. However, more recently, the slower, longer-term uptrend since the 2020 lows shows upside potential for juniors. This tells us that juniors could outperform seniors moving forward.

The sequence of charts confirms strength within the gold universe and confirms our strategy was on point when growing exposure to the miners and, more recently, the junior miners.

**“We cannot direct the wind, but we can adjust the sail.”**

**Anonymous**

### ***Portfolio - Positioning***

Exposure to precious metals represents 53% of total portfolio. We recently took great profits on many positions and sold some laggards. The cash that was raised has been used mainly to buy out-of-favor junior gold and silver mining stocks. The switch has allowed our portfolio to grow faster as junior mines start to outperform the senior mines.

I wanted to add to exposure to ASM last week, under \$0.85 but never got the chance. Since last Thursday, ASM is up 25%. It's up 40%+ since we first purchased just over a month ago! We had a full position but it's quickly turning into overweight. VZLA was also explosive, rising 12.5% on the week. HL was the third best rising 11% at the same time.

KEY PRICES			
Name/Symbol	May 21,24 Price	Change	May 15,24 Price
Gold (GCM24)	<b>2425.90</b>	31.00	<b>2394.90</b>
Silver (SIN24)	<b>32.08</b>	2.35	<b>29.73</b>
HUI (HUI)	<b>289.07</b>	11.24	<b>277.83</b>
Copper (HGN24)	<b>5.11</b>	0.18	<b>4.92</b>
Crude Oil (CLN24)	<b>78.66</b>	0.50	<b>78.16</b>
S&P500	<b>5321.41</b>	13.26	<b>5308.15</b>
U.S.Dollar (DXM24)	<b>104.56</b>	0.34	<b>104.21</b>
30 Year T-Bond (ZBM24)	<b>117.34</b>	-0.72	<b>118.06</b>
10 Year T-Note Yield	<b>4.414</b>	0.058	<b>4.356</b>
13-week Treasury Bill	<b>5.240</b>	0.000	<b>5.240</b>

In looking for a great opportunity in the junior miner space, I was recently reminded (thanks Frank!) about Blackrock Silver. A company we used to trade some time ago.

Blackrock Silver is an exploration company that recently completed the purchase of Tonopah West in Nevada (100% owned). It's one of the highest-grade silver mine prospects in the world, located in one of the most prolific mining jurisdictions globally.

Blackrock trades at \$0.25 a share, up from a recent four-year low of \$0.15. With silver on the rise, Blackrock Silver is primed to double or triple during the current bull market. Keep in mind, however, the trade is highly speculative. Blackrock Silver doesn't currently produce silver or gold. However, it's among the cheapest ways to get into silver's fever.

I'm buying a full position at mkt and more below \$0.20.

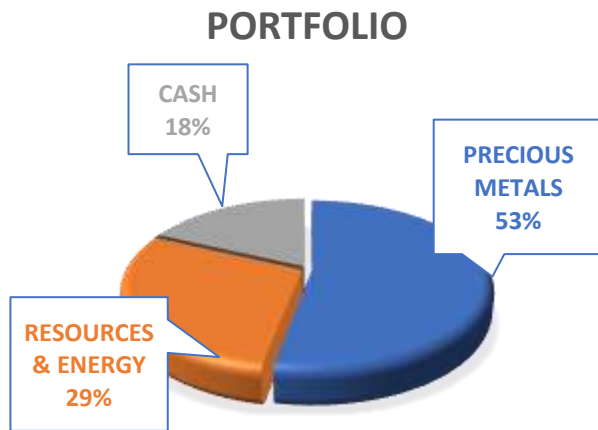
Copper has also been on a tear and so have our Industrial Producers.

**CHART INDEX**

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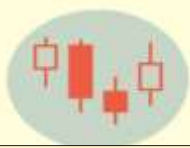
Last week we added some exposure GLNCY, a more established industrial metals producer. It's up, looking ready for a rise to its next resistance near \$15.

I'm also reviewing new positions to incorporate, in both precious metals segment and in industrial metals.



Crude oil is also showing upside potential as you'll see below. Some of our Big Oil positions are doing well, but Totalenergies (TTE) is looking somewhat tippy. I'll be protecting some profits on that position, lowering exposure from overweight to full position.

Exposure to energy and resources is at 29% of total portfolio.



# OPEN POSITIONS

## GOLD JUN 2024 (GCM24) 05/21/24 CLOSE = 2425.9



**PRECIOUS METALS:** On Fire! The golden trifecta breaks out, showing increased upside potential. Juniors picking up steam.

### Gold Price

- Broke above the recent Apr downtrend, confirming support above the Feb uptrend & support near \$2350. Gold could now rise to \$2500 initially.
- Remains bullish above \$2350. But a break below could spark weakness and the start of a decline.
- Leading indicator is bullish above zero and the red lines.
- Have a reduced position. Hold.

## SILVER JUL 2024 (SIN24) 05/21/24 CLOSE = 32.078



### Silver Price

- Reached 11+ year high! Broke above key longer-term resistance at \$30 showing impressive strength! Could now rise to the old highs above \$50!
- Has bullish support above the Feb uptrend near \$27.50, and deeper support at the Oct 2023 uptrend near \$23.
- Leading indicator is off the charts!
- Have a full position. Hold. Wait for pull back to buy more.

## GOLD BUGS INDEX (HUI) 05/21/24 CLOSE = 289.39



**GOLD MINERS:** On the rise! The HUI Index rose to a 2 year high, breaking above a key resistance at 275 showing impressive strength. The move suggests gold miners overall have further upside. A very bullish sign for the gold universe.

## AGNICO EAGLE MINES LIMITED (AEM)

05/21/24 CLOSE = 70.12



### Agnico Eagle Mines (AEM)

- Regained the \$70 handle. Looks very strong above the Feb 2024 uptrend near \$67.
- On the downside a break below bullish uptrend & support could open the door to more downside.
- Leading indicator is bullish above the zero and red lines.
- Overweight. Hold.

## ALAMOS GOLD INC. (AGI)

05/21/24 CLOSE = 17.24



### Alamos Gold (AGI)

- Bullish rise to new highs! Reconfirmed bullish support at the Feb uptrend near \$16, while opening the door to more upside potential, initially the top side of the Feb upchannel near \$18.
- Leading indicator is bullish near overbought levels.
- Overweight. Hold.

## B2GOLD CORP. (BTG)

05/21/24 CLOSE = 2.88



### B2 Gold (BTG)

- Bouncing up from the lows, together with gold miners broadly. Hasn't been weak but it's not quick to catch up.
- Must break above \$3 to show signs of strength.
- Leading indicator is bullish near a high area.
- We have a full position. Looking to sell above \$3.

## HARMONY GOLD MINING COMPANY LIMITED

(HMY) 05/21/24 CLOSE = 10.23



### Harmony Gold Mining Co (HMY)

- Rose to a new high for the move, reaching a 12 year high! HMY reclaimed the \$10 handle and it's ready for more upside.
- Still bullish above the Feb uptrend near \$9.30. A break below could ignite a pullback.
- Leading indicator on fire!
- Have a full position. Hold.

**JUNIOR MINERS:** Picking up steam. Starting to show upside potential. Juniors could now outperform seniors moving forward. We're adding more as great opportunities emerge.

## AVINO SILVER & GOLD MINES LTD. (ASM)

05/21/24 CLOSE = 1.055



### Avino Silver & Gold Mines (ASM)

- Blast off! ASM rose over 25% the prior week alone. I tried to buy more below \$0.85 but didn't get the chance.
- Remains bullish above the Feb uptrend near \$0.78.
- Leading indicator on the run up!
- Have a full position. Hold.

## BLACKROCK SILVER CORP. (BKRRF)

05/21/24 CLOSE = 0.25



### Blackrock Silver Corp (BKRRF)

- Slowly rising from the Jan lows & support near \$0.15. A break above \$0.30 and it's off to the races! Blackrock has lots of upside potential. It's almost entirely a silver play, allowing exposure to another high quality junior silver mine.
- Leading indicator is on the rise, starting to separate from zero and the red line.
- Out. Buy a full position at mkt.
-



### i-80 GOLD CORP. (IAUX)

05/21/24 CLOSE = 1.22



### I-80 Gold Corp (IAUX)

- Broke above the Mar downtrend at \$1.15 showing strength. It then rose to the Dec 2023 downtrend, a stronger resistance level, near \$1.40 but failed to surpass.
- Leading indicator is on the rise from extreme low levels, breaching the zero line, showing momentum picking up steam.
- Have a full position. Hold.

### VIZSLA SILVER CORP. (VZLA)

05/21/24 CLOSE = 1.75



### Vizsla Silver Corp (VZLA)

- Bullish! On the rise! VZLA broke resistance like a hot knife thru butter. VZLA is near the \$1.80 handle. A new high for the move showing more upside is likely.
- VZLA's next resistance is at the 2021 peak just below \$3.
- Leading indicator is bullish but near overbought levels.
- Overweight. Hold.

### HECLA MINING COMPANY (HL)

05/21/24 CLOSE = 6.19



**SILVER MINES:** Silver shares primed to keep rising on silver's breakout last week. We have solid exposure to HL and WPM exclusively. We're also adding exposure through junior silver mines, like VZLA and BKRRF.

### Hecla Mining Co (HL)

- Broke above resistance at \$6, reaching a new high for the move. It's now near the top side of the Feb upchannel showing impressive strength. HL remains bullish above the Feb uptrend near \$5.25.
- Leading indicator on the rise, looking very strong.
- Overweight. Hold.

## WHEATON PRECIOUS METALS CORP. (WPM)

05/21/24 CLOSE = 57.81



## Wheaton Precious Metals (WPM)

- Rose to its all-time high level, the Aug 2020 highs! A break above \$58 would push WPM into uncharted territory.
- WPM remains bullish above \$56.
- Leading indicator is bullish, on the rise, with room to rise further.
- Have a full position. Hold.

## COPPER JUL 2024 (HGN24)

05/21/24 CLOSE = 5.106



## RESOURCES & ENERGY

**INDUSTRIAL RESOURCES:** Copper is breaking out to new record highs! It's looking bold, strong and with lots of upside potential. Copper remains on a bullish path upward by staying above the Feb uptrend near \$4.50. We added Glencore to our stable of charts last week. We will be buying more as opportunities develop.

## FREEPORT-MCMORAN INC. (FCX)

05/21/24 CLOSE = 54.32



## Freeport McMoran (FCX)

- Rose to a new high for the move and it's a stone's throw away from surpassing its all-time highs (at \$62 on May 2008). It remains very strong above the Mar uptrend near \$52
- Leading indicator is very bullish above the red and zero lines, showing momentum still building.
- Have a reduced position. Hold.



### Glencore PLC (GLNCY)

- GLNCY rose to a new high for the move, approaching the top side of the Feb upchannel near \$13.50. Its next real resistance is its 2012 peak, near \$15.
- GLNCY remains very strong above the Feb uptrend near \$11.75.
- Leading indicator is bullish!
- Have a small position after buying some last week. Hold. Buy more below \$12.50.



### Ivanhoe Mines (IVN.TO)

- Rose to a new high for the move, securing the \$21 handle! IVN could continue its bullish rise and reach the top side of the March upchannel near \$22.50. IVN.TO remains bullish above the Mar uptrend near \$20 and has deeper support at \$17.
- Leading indicator is on the rise, breaking above the red line, showing momentum picking up steam.
- Overweight. Hold.

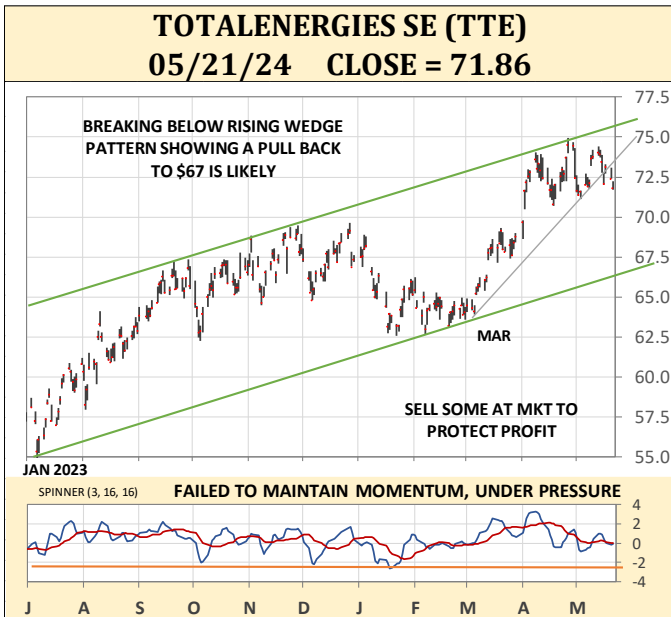


**BIG OIL:** Big oil companies have stalled on their recent upmove. It's been mostly on crude oil's pull back since the Apr peak. And although some may be looking vulnerable now, crude oil could be ready to make a big leap upward. It's confirming support at the Dec 2023 uptrend near \$78, and if it now breaks above \$80, it could extend the rebound rise to possibly \$90 .... A bullish outlook for Big Oil companies.



### Exxon Mobil Corp (XOM)

- Continues to hug the Jan 2024 uptrend & support level showing strength. It's testing the \$120 level. A break above could open the door to a renewed rise that could reach the \$130 level (top side of the Jan upchannel).
- XOM remains bullish above the Jan uptrend near \$117.
- Leading indicator is breaking out, above zero and the red lines suggesting momentum could be picking up steam.
- Overweight. Hold.



### Totalenergies SE (TTE)

- Has been holding near the highs, forming a bearish rising wedge pattern with a downside target at \$67, the Jan 2023 uptrend.
- Leading indicator is breaking below zero and the red line showing some downtime ST is now likely.
- Overweight. Sell some at mkt to protect a 17%+ gain!



### YPF S.A. (YPF)

- Continues to hold near the recent highs, well above bullish support at \$21.50. Could now rise to the top side of the Nov 2023 uptrend near \$27.
- Leading indicator waning but remains above the zero line.
- Overweight. Hold.

**URANIUM:** Uranium producers, particularly those located within the U.S. and Canada are getting a boost from recent policy banning uranium imports from Russia (currently 10% of total supply). The ban could shape the entire demand / supply structure within nuclear energy markets. It could become a boom for North American producers.



**Uranium Royalty Corp (URC.TO)**

- Has been among the strongest to rebound from the recent lows. It breached the Apr peak and it's now looking ripe for more upside. Must regain the \$4 handle to show stronger signs of renewed strength.
- Leading indicator on the rise, bullish above zero and the red lines.
- Overweight. Hold.

Good luck and good trading,

Omar Ayales

Chief Strategist/GCRU

[www.goldchartsrus.net](http://www.goldchartsrus.net)

A division of Aden Research

## TRADER SHEET

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
<b>PRECIOUS METALS PORTFOLIO (53%)</b>						
<b>GOLD (GCM24)</b>	Have a reduced position. Hold.	H	\$1900 (Sept-21-20), \$1880 (Dec-23-20); \$1775 (Feb-17-21), \$1865 (May-25-21). Sold some at \$1900 for small gain. Bot: \$1795 (Jul-15-21) Sold some at \$1925 for 5% gain. Sold more at \$2030 for 10% gain. Sold more at \$2305 for 25% gain. AVG: \$1840.	<b>2425.90</b>	Hold.	\$2400 (Reached)
<b>PHYS</b>	Alternative to trading gold in commodity markets.	H	\$15.20 (Sept-21-20), \$15.15 (Dec-23-20), \$14.23 (Feb-17-21), \$14.90 (May-25-21), Sold some at \$15.20 for small gain. Bot: \$14.25 (Jul-8-21). Sold some at \$14.85 for small gain. Sold more at 15.80 for 10% gain. Sold more at 17.80 for 25% gain. SAVG: \$14.50.	<b>18.83</b>	Hold.	-
<b>SILVER (SIN24)</b>	Have a full position. Hold. Wait for pull back to buy more.	H	Bot: \$15.80 (Jul-17-19), \$16.50 (Aug-7-19), \$16.80 (Nov-8-19), \$12 (Mar-18-20), \$15.20 (May-6-20). Sold half for 17% gain (Jun-22); Sold more for a 70% gain (Aug-4-20). Bot: \$23 (Sept 23-20), \$25.50 (Dec-22-20). Sold some (Mar-31-21) for 14% gain. Bot: \$27.50 (May-21-21), \$23.95 (Oct-29-21). Sold half at \$19.20 for 17% loss. Bot: \$20.25 (Oct-5-22). Sold some at \$24 (Jan-23) for 11% gain. Bot: \$20.75 (Feb-27-23); Sold some at \$25.50 (Apr-2023) for 17% gain; Bot: \$21.90 (Oct-12-23). Sold some at \$24.30 for 13% gain. Bot: \$22.90 (Jan-11-24). Sold some at \$26.50 to protect a 20% gain. AVG: \$22.	<b>32.078</b>	Hold	ST: \$30, MT: \$50
<b>PSLV</b>	Alternative to trading silver in commodity markets.	H	Bot: 5.50 (Jul-17-2019), 6.25 (Aug-7-19), 6.19 (Nov-8-19), 4.65 (Mar-18-20) (AVG: 5.65). Sold half for 17% gain. Sold more at 9.50 for 70% gain (Aug-4-20). 8.20 (Sept-23-20), 8.87 (Dec-22-20). Sols some at \$8.75 (Mar-31-21) for average 14% gain. Bot 9.99 (May-21-21), 8.35 (Oct-29-21). Sold half at 6.40 for 17% loss. 6.95 (Oct-5-22). Sold some at 8.20 for 11% gain. Bot: 7.08 (Oct-12-23). Sold some at 8.25 for 13% gain. Bot: \$7.60 (Jan-11-24) AVG:\$ 7.50	<b>10.76</b>	Hold.	-
<b>GOLD SHARES</b>						
<b>AEM</b>	Overweight. Hold.	H	\$45.50 (Feb-22-23), \$46.50 (Mar-1-23); AVG: \$46.	<b>70.12</b>	Hold.	\$60 (Reached!) & \$80
<b>AGI</b>	Overweight. Hold.	H	\$9.50 (Dec-16-22), \$9.90 (Feb-24-23), \$12.45 (Apr-27-23); Sold half at \$11.75 for 11% gain. Bot: \$11.75 (Sept-25-23). Sold half at \$14.35 for 30% gain; Bot: \$12.48 (Jan-10-24), \$12.15 (Jan-31-24). Sold some at \$15 for 26% gain (May-1-24). AVG: \$11.90.	<b>17.240</b>	Hold.	\$15 (Reached)
<b>BTG</b>	We have a full position. Looking to sell above \$3.	S	\$3.05 (Jan-3-24), \$2.87 (Jan-22-24). AVG: \$2.95.	<b>2.88</b>	Hold.	\$4.20
<b>HMY</b>	Have a full position. Hold.	H	\$5.90 (Jan-3-24), \$5.45 (Jan-17-24). Sold some at \$8.75 for 55% gain (May-1-24). AVG: \$5.65.	<b>10.23</b>	Hold.	\$7.50 Reached
<b>JUNIOR MINERS</b>						
<b>ASM</b>	Have a full position. Hold.	H	\$0.77 (Apr-10-24), \$0.72 (Apr-15-24). AVG: \$0.745.	<b>1.06</b>	-	\$1 (reached)
<b>BKRRF</b>	Out. New position: buy a full position at mkt.	B	-	<b>0.25</b>	-	\$1
<b>IAUX</b>	Have a full position. Hold.	H	\$1.19 (Apr-22-24), \$1.19 (May-1-24). AVG: \$1.19.	<b>1.22</b>	Hold.	\$2.
<b>VZLA</b>	Overweight. Hold.	H	\$1.20 (Mar-13-23), \$1.40 (Apr-24-23), \$1.15 (Mar-6-24); AVG: \$1.25.	<b>1.75</b>	Hold	\$2.2 & \$3

## TRADER SHEET CONTINUED

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
<b>SILVER SHARES</b>						
HL	Overweight. Hold.	H	\$4.40 (Jan-3-24), \$4.05 (Jan-17-24), \$4.98 (Apr-26-24). AVG: \$4.45.	6.19	Hold	\$7
WPM	Have a full position. Hold.	H	Bot: \$39 (Mar-8-23), \$47.50 (May-19-23), \$44.50 (Jun-16-23). Sold some at \$48.50 for 11% profit. \$45.70 (Jan-22-24). Sold some at \$53 for 20% gain! (May-1-24). AVG: \$44.30.	57.81	Hold.	\$52 & \$65
<b>RESOURCES &amp; ENERGY (29%)</b>						
<b>INDUSTRIAL METALS</b>						
GLNCY	Have a small position after buying some last week. Hold. Buy more below \$12.50.	H, B	\$12.40 (May-16-24).	12.67	-	-
FCX	Have a reduced position. Hold.	H	Bot: \$39.50 (Feb-24-23), \$37 (Mar-13-23), \$38 (Mar-23-23). Sold some at \$40 for 5% gain. Sold more at \$50 to protect a 31% profit. AVG: \$38.15.	54.32	Hold.	\$48 (Reached) & \$52 (Reached)
IVN.TO (IVPAF.OTC)	Overweight. Hold.	H	Bot: \$10.90 (Feb-24-23), \$11 (May-11-23). Sold half at \$12.55 for 15% gain. Bot: \$11.80 (Aug-24-23), \$10.80 (Nov-15-23). Sold some at \$14.25 for 27% gain (Jan-24-24). Sold more at \$19 for 70% gain! (May-1-24). AVG: \$11.15.	21.28	Hold.	\$15 (Reached) & \$22.50

## TRADER SHEET CONTINUED

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
<b>BIG OIL</b>						
<b>XOM</b>	Overweight. Hold.	H	Bot: \$105.50 (Oct-11-23), \$105 (Oct-26-23), \$103 (Dec-20-23). Sold some at \$121 (Apr-24-24) for 16% gain. Bot: \$116 (May-1-24). AVG: \$108.	<b>117.88</b>	Hold.	\$120 (Reached)
<b>TTE</b>	Overweight. Sell some at mkt to protect a 17%+ gain!	H, S	Bot: \$59.20 (Jul-26-23), \$63.75 (Sept-6-23). Sold half at \$66 for 7% gain. Bot: \$62.85 (Jan-17-24). AVG: \$62.15.	<b>71.86</b>	Hold.	\$75
<b>YPF</b>	Overweight. Hold.	H	\$16.90 (Dec-13-23), \$17.25 (Dec-21-23), \$16 (Jan-24-24). Sold some at \$18.25 to protect 10% gain. Bot: \$20 (Apr-3-24). AVG: \$17.80.	<b>23.54</b>	1dc below \$15.50	\$25 (getting close!) & \$40.
<b>URANIUM COMPANIES</b>						
<b>URC.TO</b>	Overweight. Hold.	H	CA\$3 (Aug-18-21), CA\$3.10 (Aug-26-21). Sold half at CA\$6.30 for 105% gain! Bot: CA\$5.75 (Oct-15-21), CA\$5.65 (Oct-29-21). Sold excess at CA\$6.50 for 48% gain! Bot: CA\$4.90 (Dec-3-21), CA\$3.62 (May-11-22). Sold half at CA\$4.88 for 11% gain! (Jan-23-24). CA\$3.52 (Mar-6-24), CA\$3.42 (May-8-24). AVG: CA\$3.85.	<b>3.80</b>	Hold.	ST: CA\$7, MT: CA\$10 (UROY: ST: CA\$5.70 & MT: CA\$8)



## Trading Strategy

GCRU Trading is all about achieving profits by trading stocks, commodities and bonds. We have a diversified approach using companies with great fundamentals offering great value compared to the broader market. Trades are driven mainly by technical analysis but stocks are picked based on their fundamentals, momentum and their overall strength in their sector. All recommended companies are great assets, and even though we trade short and intermediate trends, they are worthwhile keeping longer term if you're building a longer-term portfolio.

We also believe in an approach that allows us to average in and average out. This is important because averaging in near a low, and averaging out near a peak gives us great profit advantages.

Our portfolio is designed for you to follow it down to the penny, but you can also use it as a reference or guide. Or you can just use the individual trades we're constantly coming up with.

The track record we keep takes into account all of the trades executed. It doesn't take into account performance on cash, dividends nor does it contemplate associated fees or expenses.

For trading purposes, we consider a full position to be one that is 4% of our total portfolio. We tend to buy partial positions (consisting of 2% of total portfolio) and at any given moment we could be overweight, meaning owning more than a full position.

On the trader sheets found in the final pages of each issue, you'll see a reference to our positioning, be it overweight, full, reduced or small. I also include next to each portfolio section, the percentage allocated to that particular sub portfolio.

Transparency, communication and discipline are keys to successful trading. If you have any questions or concerns, please feel free to email me at [oayales@adenforecast.com](mailto:oayales@adenforecast.com).

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**Spinner:** Spinner is an in-house momentum indicator (not always shown on charts). Momentum indicators use the rate of change in price to determine predominant energy flows. Spinner trading signals are generated when the faster timing line crosses above or below the slower confirming line. Upside crosses in the lower range of positive territory offer the most reliable signals for longs; downside crosses in the top range of negative territory for shorts. Avoid trading against the timing line, i.e., buying/selling if the timing line is in corrective mode (against direction of trade) unless the confirming line is positioning for a new 'confirming cycle'. It's important to always be aware of location, direction & cycling phase of the confirming line. Spinner signals are more effective in trending mkts than in trading ranges where indicators such as Stochastic & Williams %R should be used.

ABBREVIATIONS	
	1-day close (the share price must close above or below the indicated price level, before our recommendation is activated)
1dc	
2dc	2-day close (consecutive)
bot	bought
CAD\$	Canadian dollar
H&S	head & shoulder
LOC	line on close
LT	long term
MT	medium term
NL	neckline
PF	portfolio
PO	price objective
Recom	recommended
RH&S	reverse head & shoulder
RS	relative strength
ST	short term
Sym/tri	symmetrical triangle
Tgt	target
Unch	unchanged
Vol	volume
Wk	week
Ystdy	yesterday
C	close

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