March 27th, 2024 Issue # 1083

TRADER REPORT

Weekly Trading Strategies







Last week, the Fed kept the overnight rate unchanged, acknowledging a strong economy while keeping its guidance for three rate cuts later this year.

It was music to the ear as most asset classes broke out higher. Stocks rose, tech went bananas... bitcoin and gold reached new highs, while silver reached a critical resistance near \$26. The resources and energy sector broadly remain in a solid uptrend, suggesting more upside is likely.

Consider a continued rise in commodities is bound to seep into consumer prices, allowing inflationary pressures to remain stronger for longer.

My first chart below is a comparison of base metals. You'll notice the metals are looking ready for a renewed rise.

And unless the economy takes a more significant downturn, it doesn't seem likely the Fed will cut rates at all. The Fed, in fact, may revise or change its forward-looking guidance or drop inflation's longer-term target.

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FED STAYS THE COURSE: SIGNALS 3 RATE CUTS IN 2024 DESPITE STRONG ECONOMIC INDICATORS

GOLD HOLDING STRONG
NEAR THE HIGHS

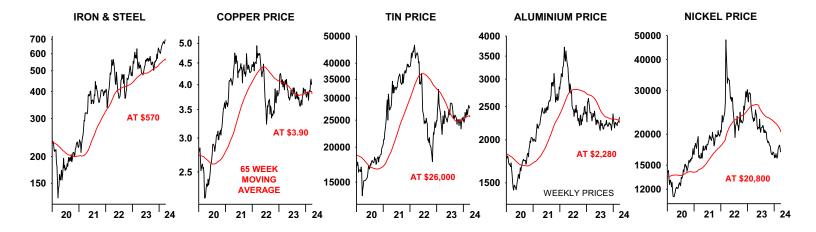
RESOURCES & ENERGY LOOK STRONG

THE DOLLAR INDEX
STRUGGLES WITH ST
RESISTANCE



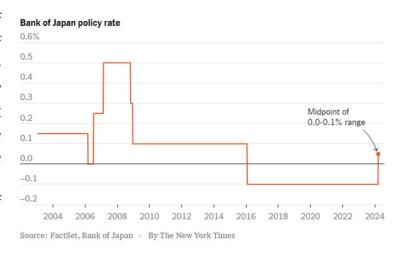
OMAR AYALES

BASE METALS: BACK ON THE RISE!



The longer-term or primary trend for inflation is to the upside. Remember, we're at the start of a trend that could take decades to fully develop. Any declines or pullbacks in inflation could be short-lived and could push monetary authorities to make policy mistakes

Noteworthy, the bank of Japan just ended 8 years of negative interest rates with the first interest rate hike in nearly two decades. The policy shift looks to counter the strongest rise in consumer prices during the same amount of time. The shift in policy is yet another indication of the global trend of higher inflation (and interest rates) for longer.



"Be greedy when others are fearful and fearful when others are greedy."

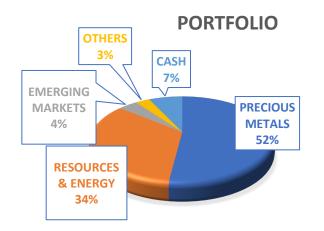
-Warran Buffet

Fed Guidance Keeps Lid on U.S. Dollar Index

The Fed's forward-looking guidance is putting a lid on the U.S. dollar index. The dollar remains under pressure below resistance at the October downtrend. The key level to watch is 105. If the dollar stays below this level, downside risk will increase. If the dollar breaks below 100, it would then show a bearish mega reversal. On the downside, watch for a break below 103 (Dec uptrend) for an indication of growing weakness.



KEY PRICES					
Name/Symbol	Mar 26,24 Price Change Ma		Mar 19,24 Price		
Gold (GCM24)	2199.20	18.00	2181.20		
Silver (SIK24)	24.62	-0.51	25.14		
HUI (HUI)	231.78	5.98	225.81		
Copper (HGK24)	4.01	-0.07	4.07		
Crude Oil (CLK24)	81.62	-1.11	82.73		
S&P500	5203.58	25.07	5178.51		
U.S.Dollar (DXM24)	103.99	1.44	102.55		
30 Year T-Bond (ZBM24)	119.63	0.91	118.72		
10 Year T-Note Yield	4.234	-0.063	4.297		
13-week Treasury Bill	5.218	-0.020	5.238		



Conversely, if the U.S. dollar index breaks above 105, it would undo weakness and open the door to a continued upmove, initially to the Oct peak at 107. Notice on the chart that the leading indicator is breaking out, showing momentum is on the rise but quickly approaching the overbought levels.

Moreover, the rising trend in gold and copper tells me the dollar's bigger risk is to the downside, not the upside...

Our portfolio continues to thrive, showing lots of potential for higher values across the board. Precious metals continue represent the largest share, currently at 52% of the total portfolio after buying more FNV last week. Resources and energy represent 34% of the total portfolio (38% if you include YPF, the Argentinian energy company shown under EMERGING MARKETS). Other positions, NLY, represent 3% of the total portfolio. Our cash position represents 7% of the total portfolio, ready to pick up great opportunities. Cash is in money market accounts earning overnight interest.

PRECIOUS METALS: Continues to hold near the recent highs, consolidating the past month's bullish up. The golden trifecta's key resistance levels are now: \$2200 for gold; \$26.50 for silver and 255 for the HUI. A break above these levels would confirm the upside potential in precious metals.





Gold Price

- Broke above \$2200 on intraday strength, showing increased upside potential. Gold is testing/breaking a bullish flag pattern with upside target at \$2400.
- Consider gold remains bullish above \$2050 (Oct uptrend); watch for a possible break below \$2150 for indication of a continued pull back to the Oct uptrend & support.
- Leading indicator is unwinding, but may be holding at the zeroline, getting ready for a renewed rise in momentum.
- We have a full position. Hold.

Silver Price

- Rose to its year+ long resistance at \$26.50 showing signs of renewed strength. However, silver must break above \$26.50 to keep moving higher.
- Silver remains bullish above the Feb uptrend near \$23.50 but has deeper support at \$22, the lower side of a year+ long band.
- Leading indicator approaching the zero line as it unwinds suggesting some weakness, but ready to resume its rise.
- Overweight. Hold.







GOLD MINERS: The miners are holding up near the recent highs. They continue to consolidate the recent upmove. They must break above up-and-coming resistance to show renewed strength.

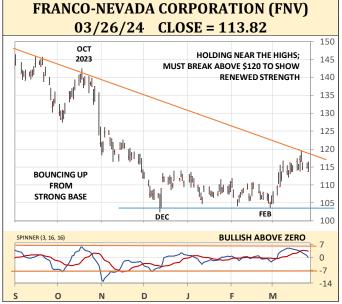
Agnico Eagle Mines (AEM)

- Testing the Dec high & resistance level near \$56. Must rise clearly above this level to show renewed strength. Keep in mind, AEM remains bullish above the Feb uptrend near \$53.
- A break below the ST uptrend & support at \$53 could open the door to a deeper pullback. AEM has deeper support at the Oct uptrend near \$45.
- Leading indicator has been unwinding, but still holding above zero, showing momentum still on the rise.
- Overweight. Hold. If not in, consider buying at mkt.

Alamos Gold Inc (AGI)

- Testing a bullish flag pattern with upside target at \$16.25. If AGI breaks clearly above the top of the flag pole at \$14, it would show a clear breakout, and a rise to the pattern's target would then be likely.
- Keep an eye on \$13 for ST support. A break below this level could push AGI deeper support near \$11.50.
- Leading indicator unwinding from the highs but holding above the zero line.
- Overweight. Hold. If not in, consider buying at mkt.







B2 Gold Corp (BTG)

- Continues to hold above the recent lows while testing a new ST resistance level near \$2.60. A break above this level could push BTG to re-test stronger resistance near \$3.
- Leading indicator is under pressure below zero.
- We have a full position. Hold for now. Waiting for a stronger bounce up to unload.

Franco Nevada Corp (FNV)

Rose near the 2023 downtrend adj near \$120. Must now break clearly above \$120 to show renewed strength.

- FNV still has strong support above \$100.
- Leading indicator is unwinding, but holding above zero, showing momentum could soon tick higher.
- Overweight after buying more last week. Hold.

Harmony Gold Mining Co (HMY)

- Continues to hold strong at the recent highs, the top side of the Oct 2023 upchannel near \$8.
- Keep in mind, HMY has strong support at the Oct uptrend near \$6. A break below recent low at \$7.30 could open the door to a continued decline, to possibly \$6
- Leading indicator remains bullish above zero.
- We have a full position. Hold.







SILVER MINERS: Looking strong with lots of upside potential. Resistance approaching.

Hecla Mining Co (HL)

- Testing the Dec 2023 downtrend at \$4.35. Must break above this resistance to show renewed strength that could push HL to the Dec peak near \$5.
- If HL fails to break above resistance, it could then fall to test ST support at \$4.
- Leading indicator remains bullish above zero.
- We have a full position. Hold. Buy more on a dip below \$4.

Wheaton Precious Metals (WPM)

- Broke above the Dec downtrend but still resisting near \$45. WPM could now rise to key resistance at \$50,.A clear break above \$45 would be a first strong indication.
- If WPM fails to breakout from ST resistance at \$45, it could then fall back to retest deeper support near \$39.
- Leading indicator pulling back but continues to show bullish momentum.
- Overweight. Hold.

Vizsla Silver Corp (VZLA)

- On the rise, confirming support above Nov uptrend near \$1.10, opening upside potential to the recent peak near \$1.60.
- Leading indicator is still on the rise, looking bullish above the zero & red lines.
- Overweight. Hold. If not in, consider buying at mkt.







RESOURCES & ENERGY: On the Rise!

INDUSTRIAL METAL PRODUCERS: Copper's recent breakout rise suggests more upside is likely. A bullish sign for producers.

BHP Group (BHP)

- Remains below the adj Dec downtrend with support above \$54. Above \$58 would open the door to a rebound that could reclaim the \$60 handle.
- Leading indicator is on the rise, breaking above zero, showing signs of strength.
- Overweight. Hold. Waiting for a stronger bounce to unload.

Cleveland Cliffs Inc (CLF)

- Breaking out above resistance near \$21. Could now rise to the top side of the Sept upchannel near \$25.
- CLF remains bullish above the Sept uptrend near \$19. A break below this level could reverse the bullish upmove.
- Leading indicator is breaking out; momentum is picking up steam.
- We have a full position. Hold.

Freeport McMoran (FCX)

- Bullish rise. Must break above \$46 to show renewed strength.
- If FCX fails to break resistance, it could fall back to re-test support at \$38, or lower.
- Leading indicator is bullish but nearly overbought levels.
- We have a full position. Hold.







Ivanhoe Mines (IVN.TO)

- Bullish near the highs, forming a bullish flag pattern with upside target at \$18.50. Must rise above \$16.50 to show a clear breakout.
- The Nov uptrend near \$14.50 is key. A break below would put an end to the bullish upmove since Nov.
- Leading indicator unwinding, but bullish above zero.
- We have a full position. Hold.

BIG OIL: Crude oil is on the rise and so are the oil producers. More upside is now likely.

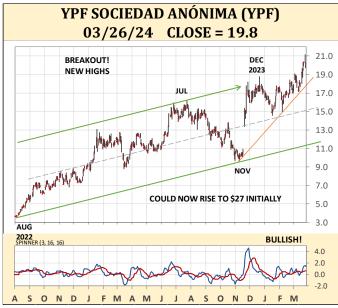
Exxon Mobil Corp (XOM)

- Rose to a new high for the move, showing impressive srength. Could now rise to the Sept 2023 high & next resistance near \$120.
- XOM has bullish support at the Jan uptrend near \$110.
- Leading indicator is bullish above the zero and red lines.
- Overweight. Hold.

Totalenergies SE (TTE)

- Bouncing up from the Sept 2022 uptrend & support showing impressive strength. Must now break above the Dec peak near \$70 to show renewed strength.
- Leading indicator is pulling back from extreme high levels, but continues to hold above zero, showing momentum may pick up steam soon.
- We have a full position. Hold.







URANIUM PRODUCERS: Showing signs of momentum picking up steam once again.

Uranium Royalty Corp (URC.TO)

- Still forming a downside wedge pattern. If wedge is broken above \$3.40, it'll open the door to a rebound to possibly above \$4, initially. Support at \$3.20 remains.
- Leading indicator is on a subtle rise from an extreme oversold. Momentum could start picking up steam.
- Overweight. Hold.

EMERGING MARKETS: Rebounding showing strong upside potential.

YPF S.A. (YPF)

- Rose to a new high for the move, above \$21 showing strength. YPF remains strong above \$18, and has deeper support at \$15 and \$11.
- Watch for a break below \$15 for an indication of more weakness to come.
- Leading indicator is on the rise, looks good.
- We have a full position. Hold.

OTHER

Annaly Capital Management (NLY)

• It is rebounding from the Oct bottom near \$19.50, where it has strong support. It must now rise above the Sept 2023 downtrend at \$20.50 to show renewed strength.

- On the downside, a break below the. Oct uptrend near \$19.50 would show weakness.
- Leading indicator is bullish above zero.
- We have a full position. Hold.

Good luck and good trading,

Q

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A division of Aden Research

TRADER SHEET						
Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
	PRECIOUS	META	LS PORTFOLIO (52%)			
GOLD (GCM24)	We have a full position. Hold.	Н	\$1900 (Sept-21-20), \$1880 (Dec-23-20); \$1775 (Feb-17-21), \$1865 (May-25-21). Sold some at \$1900 for small gain. Bot: \$1795 (Jul-15-21) Sold some at \$1925 for 5% gain. Sold more at \$2030 for 10% gain. AVG: \$1840.	2199.20	Hold.	\$2400
PHYS	Alternative to trading gold in commodity markets.	Н	\$15.20 (Sept-21-20), \$15.15 (Dec-23-20), \$14.23 (Feb-17-21), \$14.90 (May-25-21), Sold some at \$15.20 for small gain. Bot \$14.25 (Jul-8-21). Sold some at \$14.85 for small gain. Sold more at 15.80 for 10% gain. \$AVG: \$14.50.	16.92	Hold.	-
SILVER (SIK24)	Overweight. Hold.	Н	Bot: \$15.80 (Jul-17-19), \$16.50 (Aug-7-19), \$16.80 (Nov-8-19), \$12 (Mar-18-20), \$15.20 (May-6-20). Sold half for 17% gain (Jun-22); Sold more for a 70% gain (Aug-4 20). Bot: \$23 (Sept 23-20), \$25.50 (Dec-22-20). Sold some (Mar-31-21) for 14% gain. Bot: \$27.50 (May-21-21), \$23.95 (Oct-29-21). Sold half at \$19.20 for 17% loss. Bot: \$20.25 (Oct-5-22). Sold some at \$24 (Jan-23) for 11% gain. Bot: \$20.75 (Feb-27-23); Sold some at \$25.50 (Apr-2023) for 17% gain; Bot: \$21.90 (Oct-12-23). Sold some at \$24.30 for 13% gain. Bot: \$22.90 (Jan-11-24). AVG: \$22.	24.623	Hold	ST: \$30, MT: \$50
PSLV	Alternative to trading silver in commodity markets.	Н	Bot: 5.50 (Jul-17-2019), 6.25 (Aug-7-19), 6.19 (Nov-8-19), 4.65 (Mar-18-20) (AVG: 5.65). Sold half for 17% gain. Sold more at 9.50 for 70% gain (Aug-4-20). 8.20 (Sept-23-20), 8.87 (Dec-22-20). Sols some at \$8.75 (Mar-31-21) for average 14% gain. Bot 9.99 (May-21-21), 8.35 (Oct-29-21). Sold half at 6.40 for 17% loss. 6.95 (Oct-5-22). Sold some at 8.20 for 11% gain. Bot: 7.08 (Oct-12-23). Sold some at 8.25 for 13% gain. Bot: \$7.60 (Jan-11-23) AVG: \$7.50	8.27	Hold.	-
GOLD SHARES						
AEM	Overweight. Hold. If not in, consider buying at mkt.	Н, В	\$45.50 (Feb-22-23), \$46.50 (Mar-1-23); AVG: \$46.	56.06	Hold.	\$60 & \$80.
AGI	Overweight. Hold. If not in, consider buying at mkt.	Н, В	\$9.50 (Dec-16-22), \$9.90 (Feb-24-23), \$12.45 (Apr-27-23); Sold half at \$11.75 for 11% gain. Bot: \$11.75 (Sept-25-23). Sold half at \$14.35 for 30% gain; Bot: \$12.48 (Jan-10-24), \$12.15 (Jan-31-24). AVG: \$11.90.	13.600	Hold.	\$15
BTG	We have a full position. Hold for now. Waiting for a stronger bounce up to unload.	Н, S	\$3.05 (Jan-3-24), \$2.87 (Jan-22-24). AVG: \$2.95.	2.51	Hold.	\$4.20
FNV	Overweight after buying more last week. Hold.	Н	\$133 (Oct-26-23), \$112.25 (Dec-27-23), \$114 (Mar-20-24). AVG: \$119.75.	113.82	Hold	\$130 & \$160
НМҮ	We have a full position. Hold.	Н	\$5.90 (Jan-3-24), \$5.45 (Jan-17-24). AVG: \$5.65.	7.78	Hold.	\$7.50 Reached

TRADER SHEET CONTINUED							
Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets	
	SILVER SHARES						
HL	We have a full position. Hold. Buy more on a dip below \$4.	Н, В	\$4.40 (Jan-3-24), \$4.05 (Jan-17-24). AVG: \$4.20.	4.23	Hold	7	
VZLA	Overweight. Hold. If not in, consider buying at mkt.	Н, В	\$1.20 (Mar-13-23), \$1.40 (Apr-24-23), \$1.15 (Mar-6-24); AVG: \$1.25.	1.25	Hold	\$2.2 & \$3	
WPM	Overweight. Hold.	Н	Bot: \$39 (Mar-8-23), \$47.50 (May-19-23), \$44.50 (Jun-16-23). Sold some at \$48.50 for 11% profit. \$45.70 (Jan-22-24). AVG: \$44.30.	44.65	Hold.	\$52 & \$65	
RESOURCES & ENERGY (34%)							
INDUSTRIAL METALS							
внр	Overweight. Hold. Waiting for a stronger bounce to unload.	Н, S	Bot: \$61.50 (Jul-26-23), \$58 (Aug-14-23), \$60.25 (Jan-17-24). AVG: \$59.90.	56.55	1dc below \$54.50.	\$80	
CLF	We have a full position. Hold.	Н	\$18.75 (Mar-13-23), \$17.90 (Mar-23-23), \$16.30 (Apr-21-23). Sold some at \$21 for 20% gain (Dec-20-23). AVG: \$17.65.	21.57	Hold.	\$23	
FCX	We have a full position. Hold.	Н	Bot: \$39.50 (Feb-24-23), \$37 (Mar-13-23), \$38 (Mar-23-23). Sold some at \$40 for 5% gain. AVG: \$38.15.	44.73	Hold.	\$48 & \$52	
IVN.TO (IVPAF.OTC)	We have a full position. Hold.	Н	Bot: \$10.90 (Feb-24-23), \$11 (May-11-23). Sold half at \$12.55 for 15% gain.Bot: \$11.80 (Aug-24-23), \$10.80 (Nov-15-23). Sold some at \$14.25 for 27% gain (Jan-24-24). AVG: \$11.15.	15.60	Hold.	\$15 14	

TRADER SHEET CONTINUED							
Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets	
	BIG OIL						
хом	Overweight. Hold.	Н	Bot: \$105.50 (Oct-11-23), \$105 (Oct-26-23), \$103 (Dec-20-23). AVG: \$104.50.	113.79	Hold.	120	
TTE	We have a full position. Hold.	Н	Bot: \$59.20 (Jul-26-23), \$63.75 (Sept-6-23). Sold half at \$66 for 7% gain. Bot: \$62.85 (Jan-17-24). AVG: \$62.15.	67.65	Hold.	\$75	
	URANIUM COMPANIES						
URC.TO	Overweight. Hold.	н	CA\$3 (Aug-18-21), CA\$3.10 (Aug-26-21). Sold half at CA\$6.30 for 105% gain! Bot: CA\$5.75 (Oct-15-21), CA\$5.65 (Oct-29-21). Sold excess at CA\$6.50 for 48% gain! Bot: CA\$4.90 (Dec-3-21), CA\$3.62 (May-11-22). Sold half at CA\$4.88 for 11% gain! (Jan-23-24). CA\$3.52 (Mar-6-24). AVG: CA\$4.10.	3.25	Hold.	ST: CA\$7, MT: CA\$10 (UROY: ST: CA\$5.70 & MT: CA\$8)	
	EMERGING MARKETS (4%)						
YPF	We have a full position. Hold.	Н	\$16.90 (Dec-13-23), \$17.25 (Dec-21-23), \$16 (Jan-24-24). Sold some at \$18.25 to protect 10% gain. AVG: \$16.70.	19.80	1dc below \$15.	\$25 & \$40.	
OTHERS (3%)							
NLY	We have a full position. Hold.	Н	Bot: \$20 (Jul-26-23), \$19.70 (Sept-8-23). AVG: \$19.85.	19.73	Hold.	\$24 & \$28.	

Trading Strategy

GCRU Trading is all about achieving profits by trading stocks, commodities and bonds. We have a diversified approach using companies with great fundamentals offering great value compared to the broader market. Trades are driven mainly by technical analysis but stocks are picked based on their fundamentals, momentum and their overall strength in their sector. All recommended companies are great assets, and even though we trade short and intermediate trends, they are worthwhile keeping longer term if you're building a longer-term portfolio.

We also believe in an approach that allows us to average in and average out. This is important because averaging in near a low, and averaging out near a peak gives us great profit advantages.

Our portfolio is designed for you to follow it down to the penny, but you can also use it as a reference or guide. Or you can just use the individual trades we're constantly coming up with.

The track record we keep takes into account all of the trades executed. It doesn't take into account performance on cash, dividends nor does it contemplate associated fees or expenses.

For trading purposes, we consider a full position to be one that is 4% of our total portfolio. We tend to buy partial positions (consisting of 2% of total portfolio) and at any given moment we could be overweight, meaning owning more than a full position.

On the trader sheets found in the final pages of each issue, you'll see a reference to our positioning, be it overweight, full, reduced or small. I also include next to each portfolio section, the percentage allocated to that particular sub portfolio.

Transparency, communication and discipline are keys to successful trading. If you have any questions or concerns, please feel free to email me at oayales@adenforecast.com.

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All charts in GCRU are daily prices.

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Note: U should NOT feel our recommended prices are set in concrete. If mkts suddenly feel hot or cold to U, or dramatic news occurs, U can buy or sell, or stop at slightly higher or slightly lower prices. It also hinges on your experience level. Some people can use our prices as guides & know when they can take bigger risks.

Spinner: Spinner is an in-house momentum indicator (not always shown on charts). Momentum indicators use the rate of change in

ABBREVIATIONS		
	1-day close (the share price must close	
	above or below the indicated price level,	
1dc	before our recommendation is activated)	
2dc	2-day close (consecutive)	
bot	bought	
CAD\$	Canadian dollar	
H&S	head & shoulder	
LOC	line on close	
LT	long term	
MT	medium term	
NL	neckline	
PF	portfolio	
PO	price objective	
Recom	recommended	
RH&S	reverse head & shoulder	
RS	relative strength	
ST	short term	
Sym/tri	symmetrical triangle	
Tgt	target	
Unch	unchanged	
Vol	volume	
Wk	week	
Ystdy	yesterday	
С	close	

price to determine predominant energy flows. Spinner trading signals are generated when the faster timing line crosses above or below the slower confirming line. Upside crosses in the lower range of positive territory offer the most reliable signals for longs; downside crosses in the top range of negative territory for shorts. Avoid trading against the timing line, i.e., buying/selling if the timing line is in corrective mode (against direction of trade) unless the confirming line is positioning for a new 'confirming cycle'. It's important to always be aware of location, direction & cycling phase of the confirming line. Spinner signals are more effective in trending mkts than in trading ranges where indicators such as Stochastic & Williams %R should be used.

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