



# INFLATION & RATE HIKE EXPECTATIONS CONTINUES TO DRIVE ASSET PRICES

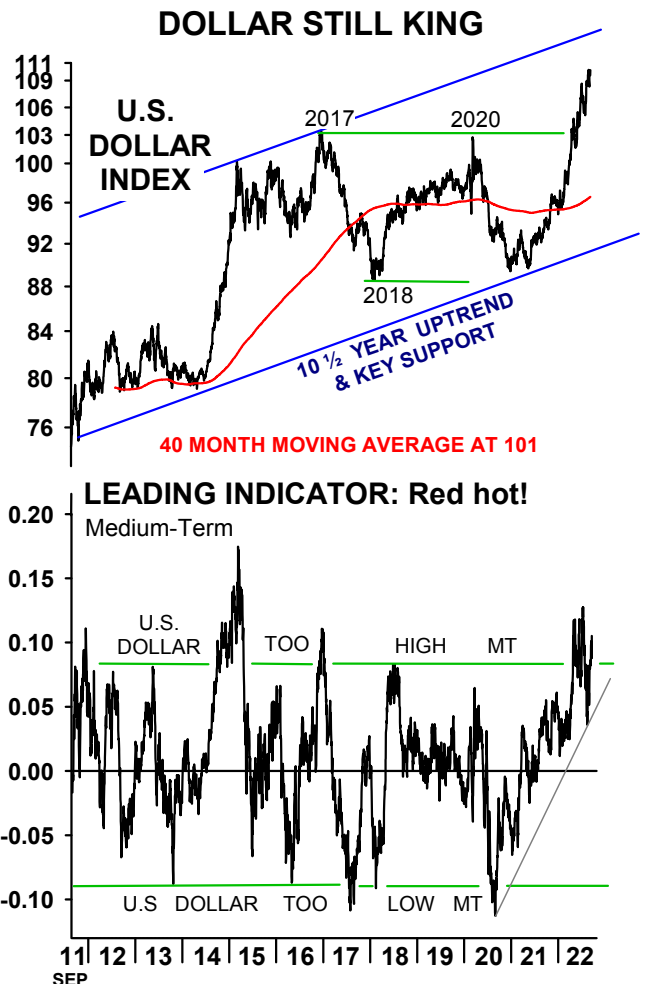
## U.S. DOLLAR REMAINS KING

The expectation of higher interest rates and the slowing growth of the money supply continues to act as a catalyst for the U.S. dollar index in a world thirsty for dollars.

Demand for dollars globally remains strong, and like with any commodity, if supply is reduced when demand persists, the value will rise. The rise in the dollar could become especially painful for the international community, much of which is indebted in U.S. dollars.

The stronger dollar is pushing the value of commodities down too. Slower growth prospects given a stronger dollar could continue to weigh down on prices for goods and services as demand overall slows down. It could put a damper on corporate earnings and ongoing downward pressure on equities generally.

However, the U.S. remains the strongest economy relative to its peers, allowing it to keep its safe haven status. This means the dollar could stay stronger for longer.



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## “Fear sells better than greed”. -Old Madison Avenue Adage

On the longer term chart of the dollar, the breakout above 103 was key. However, technically speaking, the dollar could now pull back to the breakout level at 103. The leading indicator below has been at an extreme overbought level, suggesting the dollar’s up-move could be closer to the end than the beginning.

The chart above suggests a catalyst that ends up pushing the dollar lower could occur. A catalyst that is not yet evident...

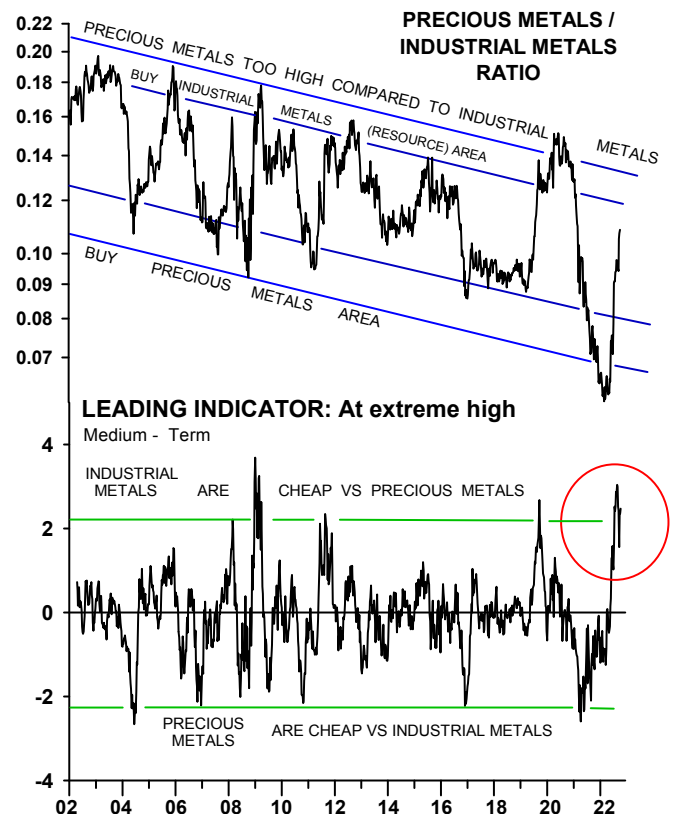
One of the indicators that could suggest a continued rise in the dollar is the weakness in gold.

Until recently, gold has held above \$1675, a key support level that is currently being testing. And if this level is clearly broken, it could open the door to an extended bear market, one that could push gold to the Dec 2015 uptrend near \$1500, initially.

Weakness in gold is pushing us to unload more gold miners and reduce overall exposure to precious metals. As you’ll see below, we’ll be unloading positions in Osisko Gold Royalty (OR) and Harmony (HMY). However, we will be keeping some exposure to precious metals, as you’ll see below.

Interestingly, when comparing precious metals to industrial metals, it seems the move favoring precious metals over industrial metals could be reaching an extreme level.

### RATIO OVER-EXTENDED IN FAVOR OF PRECIOUS METALS; COULD FAVOR RESOURCES MOVING FORWARD



The next chart above shows Precious Metals divided by Industrial Metals. This means, when the chart rises, it favors precious metals over industrial metals; conversely, when it falls, it favors industrial metals over precious metals. The leading indicator is reaching an extreme high that could be suggesting momentum may soon be topping.

When looking at the chart, consider the leading indicator has reached current high levels only a handful of times over the past 20 years. When the leading indicator peaked, it has marked a clear peak in the ratio which preceded a move favoring industrial metals.

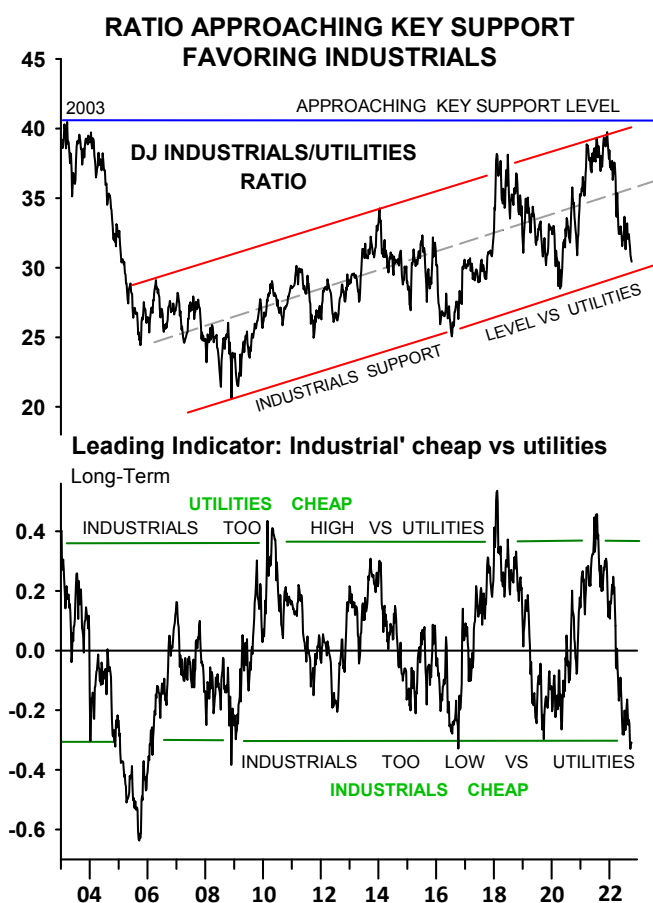
The chart suggests investor sentiment could start favoring resources and industrial metals over precious metals.

Confirming the potential on this chart is another ratio, the Dow Jones Industrials versus Dow Jones Utilities. When the ratio rises, it favors industrials. And when it falls, it favors utility companies.

The recent decline from the 2021 peak showed investor bias towards utilities this year. However, that bias could be reaching an extreme low, and it could be now shifting to favor industrial stocks. This could also be telling us we might be approaching the moment to sell position in OGE Energy (OGE). Coincidentally, its profit target is nearly reached as you'll see below.

Similar to the previous chart, it suggests the safe haven trade may be reaching exhaustion, and it could now give way to resources and industrials, suggesting risk appetite could soon be back.

We'll continue to keep healthy exposure to gold and precious metals, but we'll also keep stronger exposure to resources and energy. We'll be looking to unload our position in UBT (U.S. treasuries) too.



### LIGHT CRUDE OIL OCT 2022 (CLV22)

09/20/22 CLOSE = 83.94



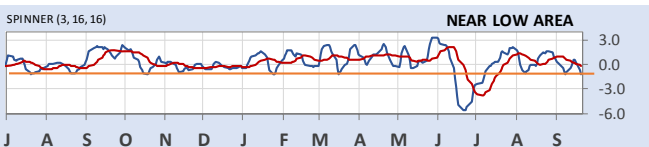
### ANTERO RESOURCES CORPORATION (AR)

09/20/22 CLOSE = 37.2



### COTERRA ENERGY INC. (CTRA)

09/20/22 CLOSE = 28.92



## OPEN POSITIONS

### RESOURCES: Holding Best

Downside pressure remains on crude oil as demand overall is seen to moderate. Crude oil must now rise above the Mar 2022 downtrend at \$90 to show signs of renewed strength. Notice the leading indicator below is also under pressure below a downtrend of its own. However, geo-political tensions remain high and supportive of higher energy prices even as demand wanes. We'll continue to keep exposure to certain energy companies, particularly in new energy that is being used to reduce reliance on fossil fuels such as natural gas and uranium.

Antero Resources Corp (AR) continues to pull back, reaching lower lows for the move. The leading indicator below is also under pressure that could be showing more weakness upcoming. A decline to the Jan uptrend near \$33 is now likely. Keep your positions.

Coterra Energy (CTRA) pulled back from new highs for the move. It's testing, but holding above deeper support, the Aug 2021 uptrend near \$28. The leading indicator is near a low area, suggesting a low could be nearby. If CTRA now holds above the Aug 2021 uptrend, it could then continue on its bullish upmove and path.

Uranium producers remain volatile, showing crazy gains one day with waterfall declines another. However, the producers continue to uptrend, holding above key support levels, particularly at a time when uranium is bottoming, as shown last week. Uranium has other catalysts like being labeled a green



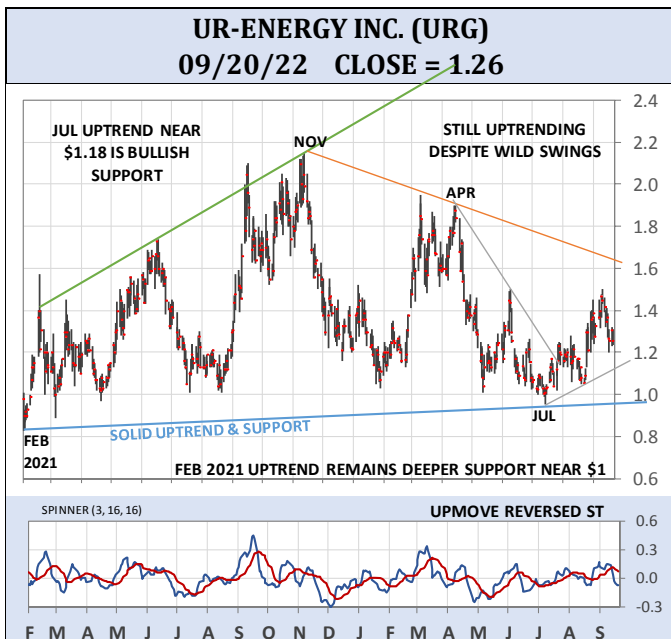
energy and countries, like Japan, going back to re-activating their reactors. Uranium will continue to be recognized as the source of energy that could help reduce the reliance on fossil fuels.

NexGen Energy (NXE) is pulling back since nearly reaching its next resistance at \$5. It's down, but still holding above \$4, and more importantly, its critical support at \$3.50. The leading indicator below is turning down as it reached a resistance of its own.

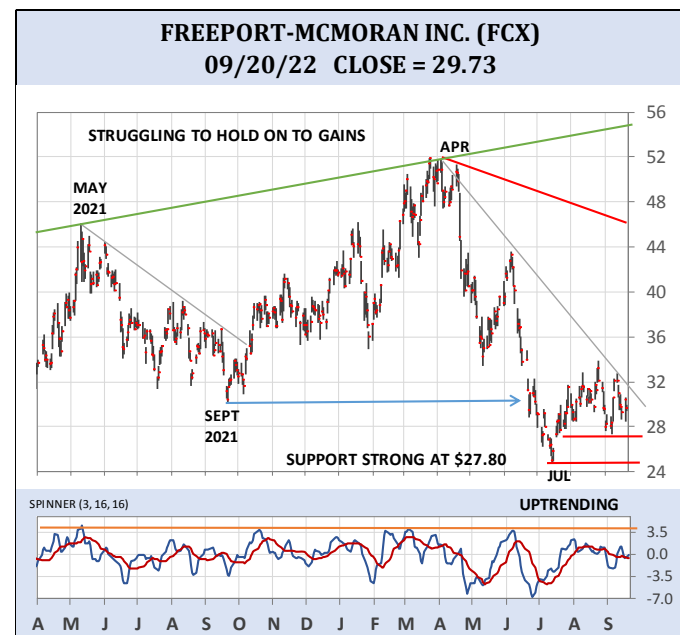
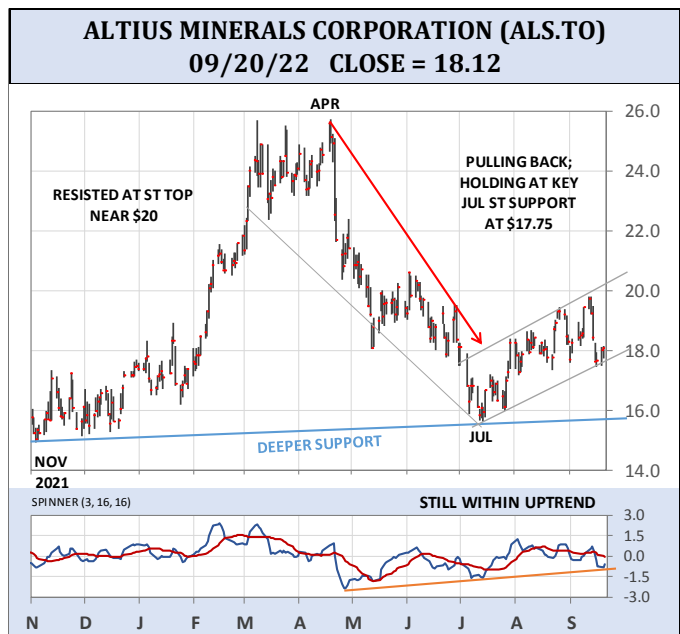


Uranium Royalty (URC.V & UROY.OTC) is pulling back after reaching the Oct downtrend near \$4.25. The pullback remains above the Jul uptrend near \$3.25. If URC now holds above this support, it could then bounce back to re-test the Oct downtrend & resistance. Leading indicator is down, showing weakness will likely remain ST. Keep your positions.

UR-Energy Inc (URG) is also pulling back from the recent peak. Similar to NXE and URC, URG is holding above the Jul uptrend near \$1.18. The leading indicator does spell ongoing weakness ST; but if URG can hold above support through weakness, it could then show the strength that could push it to the Nov downtrend & resistance near \$1.65. Keep your positions.



Copper is holding above the Jul uptrend since recently pulling back. The pullback shows strong resistance below \$4, where the recent critical lows and the Mar downtrend converge. However, if copper stays above the Jul uptrend, it could then rise to test the critical resistance level near \$4.



Ivanhoe Mines (IVN.TO & IVPAF.OTC) has held up strong. It's resisting below the Mar downtrend & resistance at \$9.50, but also holding above the Jul uptrend near \$8.40. The leading indicator is above zero suggesting more upside is now likely. If IVN can now break above \$9.50, it could then leap rise to the Mar highs near \$12.50. Keep your positions.

Altius Minerals (ALS.TO & ATUSF.OTC) rose to a new high for the move near \$20, the Jun highs, just before it fell to the bottom side of the Jul upchannel near \$18. The leading indicator below is under pressure, showing more downside is possible. If ALS now breaks below \$17.75, it could then fall lower, to the Jul lows near \$16. Keep your positions for now.

Freeport McMoRan (FCX) is struggling to hold on to the \$32 handle. It recently gave it back and it's re-testing key support at \$27.80. Volatility remains high and lots of downside pressure remains. If FCX can hold above \$28 through weakness, and then rise and stay

above \$32, it'll show signs of renewed strength that could take it to the Apr downtrend near \$45. Keep your positions.

## PRECIOUS METALS: Golden Trifecta Under Pressure

Gold is slipping below \$1675, it's key support for this bull market. If it stays clearly below it this week, it'll confirm the bearish decline from the peak in Mar, and open the door to an extended 'D' decline. If gold now fails to rise back above \$1765, it'll remain vulnerable. A confirmed solid bear could take gold to possibly the Dec 2015 uptrend near \$1500. The leading indicator on the chart is down, showing more downside is likely. The decline is also bearish for the miners. Despite weakness, I'll continue to keep positions in gold, and it'll be the bedrock of our core position in precious metals that we'll carry through weakness.



As readers know, we've been unloading gold shares since April this year. The decline in overall exposure has allowed us to protect our portfolio from weakness in gold overall. However, the current decline in gold, below the \$1675 support opens the door to even further downside. We'll be lowering exposure to gold shares even further by putting a sell order on Harmony Gold (HMY) and Osisko Gold Royalties (OR). This will reduce exposure to the gold universe even further, to below 20% of total portfolio. It'll increase our overall cash position further.

I'll continue to ride through weakness in gold with core positions in gold, Agnico Eagle Mines (AEM), silver and Hecla Mines (HL). I'll also buy DUST, a bearish ETF that moves exactly opposite to the HUI Index (gold miner index) by a factor of 2.

Silver continues to bounce up from the Sept lows. It's looking good above the Sept uptrend near \$18.50. If silver can now break above \$20, it'll show signs of renewed strength that could push silver to heavier resistance near



\$23.50, the Mar downtrend. Notice the leading indicator below, is above zero and the red lines showing momentum continues to favor the upside. We've also sold a lot of silver this year, and we're only holding a small position. I'll continue to keep a reduced position as part of my rock bottom exposure to precious metals.

The HUI Index (gold miner index) continues to fall suggesting weakness within the entire gold miner space. The HUI must rise above 200 initially, to show a sign of strength, and above 220 for momentum to pick up steam. The leading indicator remains sluggish near the zero line. The chart spells continued weakness for gold miners, suggesting an even further reduction in exposure would be wise in order to push overall exposure in the gold universe below 20% of total portfolio. We'll be looking to sell Harmony (HMY) and Osisko Royalties (OR).



Agnico Eagle Mines (AEM) continues to create a bottom above the Jul lows at \$38, which is a strong support. A decline below it could open the door to further downside. AEM must rise above the top side of the channel near \$47 to show signs of renewed strength. Keep in mind, if gold breaks below its critical support, more downside for the miners is likely. We'll keep a full position in AEM as part of our core positions, and ride through weakness. Whenever AEM and the rest of the gold universe show stronger signs of a bottom, we'll buy more.

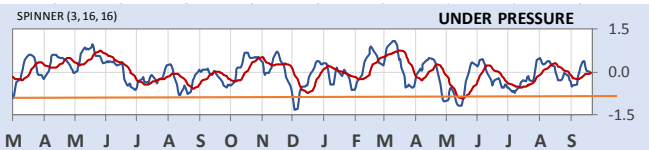


Hecla Mining (HL) is another position that will be part of our core position within precious metals. It continues to hold strongly above the Jul lows near \$3.50 while constantly



### OSISKO GOLD ROYALTIES LTD (OR)

09/20/22 CLOSE = 9.86

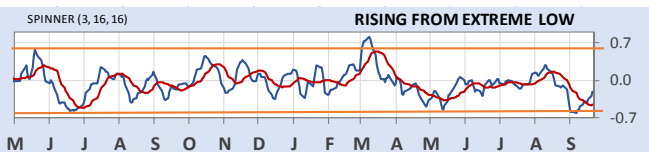
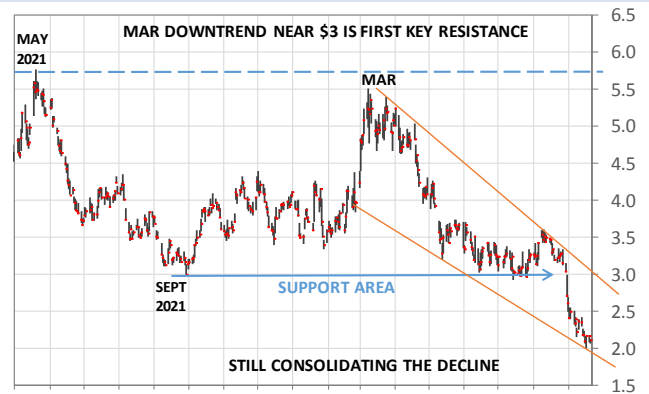


flirting with the Apr downtrend. A clear break above this \$4.50 level, could open the door for a continued upmove, initially to the Jun 2021 downtrend near \$6.50. Keep your positions. Whenever HL and the rest of the gold universe shows stronger signs of a bottom, we'll buy more.

Our two other gold share positions we've been holding thus far, Osisko Gold Royalties (OR) and Harmony Gold (HMY), will be a sell on a bounce.

### HARMONY GOLD MINING COMPANY LIMITED (HMY)

09/20/22 CLOSE = 2.12

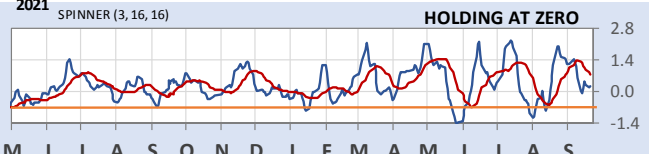


OR failed to maintain upside momentum last week showing resistance below the Apr downtrend remains. OR must rise above \$11 to show some strength, but if the Jul lows near \$9.50 are now clearly broken, a continued down move would then be likely. Sell your small position, ideally on a bounce above \$10.

HMY continued to slide, hugging the bottom side of the Mar down channel. The leading indicator is bouncing up with strength suggesting a rebound is now likely. The chart suggests HMY could now bounce up to the Mar downtrend near \$3. Wait for a bounce up to sell your reduced position, ideally near \$3.

### U.S. DOLLAR INDEX DEC 2022 (DXZ22)

09/20/22 CLOSE = 109.942



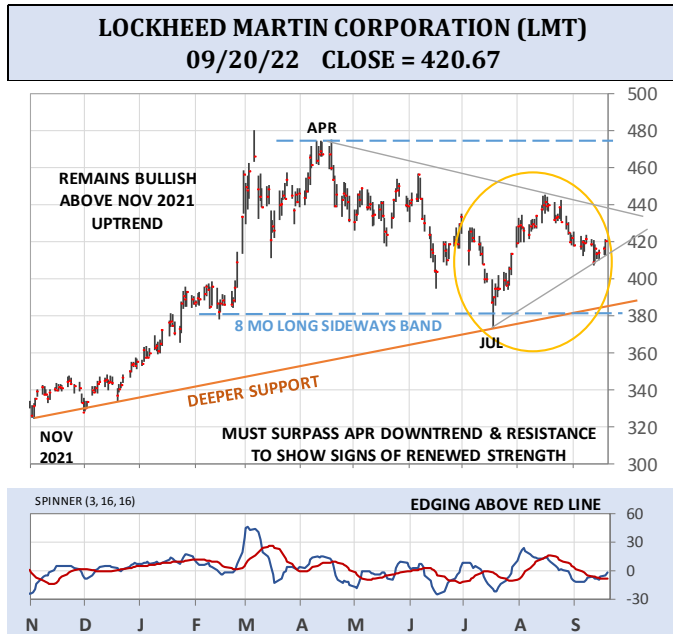
### CASH & TREASURIES: Cash Remains King

The U.S. dollar index remains strong. Fundamentals across the board continue to point to further upside, especially as the Federal Reserve continues on its rate hike path. Dollar strength is crippling global currencies and commodities, particularly gold. The U.S. dollar index remains very bullish above the Feb uptrend near 107 and it has deeper support at the May 2021 uptrend near 100. The leading



indicator below is holding above zero, showing strength that could fuel a renewed upmove. With sales in different assets, we're looking to increase exposure to cash positions to over 20% to total portfolio.

ProShares Ultra 20+ Year Treasury (UBT) continues to slide, falling further as treasury yields rise with strength. The chart is bearish as UBT broke below the lower side of a 4 month long sideways band. The leading indicator below is under pressure below the zero line. Wait for a relief bounce to sell near \$30, and unload your entire position.



**STOCKS: Holding Above Key Support Levels**

Lockheed Martin (LMT) continues to show downside pressure below the \$440 resistance, the Apr downtrend. However, it's also showing support above \$400. If LMT now breaks above \$440, it'll show renewed strength that could push it to the Apr highs near \$480. The leading indicator below is weak below zero, but momentum could be edging upward. Keep your positions.



OGE Energy Corp (OGE) is showing signs of weakness, but continues to hold strong above \$40. If OGE continues to hold, it could then bounce up to the top side of the Nov 2021 upchannel near \$44. The leading indicator below is above the red line showing momentum might be ticking up. Keep your positions.

Broadcom (AVGO) is showing weakness below the Mar downtrend near \$535. It's now testing the Jul uptrend near \$485. A break in either direction will open the door to the next



**TRADER SHEET**

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
<b>PRECIOUS METALS PORTFOLIO (22%)</b>						
<b>GOLD (GCZ22)</b>	Overweight. Gold failed to break above resistance at \$1765 (Mar 2022 downtrend) and fell back to re-test critical support at \$1675. A clear break below this level will extend bearish sentiment. Keep your positions.	H	\$1900 (Sept-21-20), \$1880 (Dec-23-20); \$1775 (Feb-17-21), \$1865 (May-25-21). Sold some at \$1900 for small gain. Bot: \$1795 (Jul-8-21) AVG: \$1840.	<b>1671.10</b>	Holding For Now	ST: \$2100 & MT: \$3000
<b>PHYS</b>	Alternative to trading gold in commodity markets.	H	\$15.20 (Sept-21-20), \$15.15 (Dec-23-20), \$14.23 (Feb-17-21), \$14.90 (May-25-21), Sold some at \$15.20 for small gain. Bot \$14.25 (Jul-8-21) AVG: \$14.80.	<b>12.91</b>	2dc below \$11.20	-
<b>SILVER (SIZ22)</b>	Holding reduced position. Continues to hold near the highs. Silver is nearing ST resistance at \$20, & must surpass it to show signs of renewed strength. Silver will continue to build on its uptrend by staying above \$18.50. Keep your positions.	H	Bot: \$15.80 (Jul-17-19), \$16.50 (Aug-7-19), \$16.80 (Nov-8-19), \$12 (Mar-18-20), \$15.20 (May-6-20). Sold half at \$18 for 17% gain (Jun-22); Sold more at \$26 for a 70% gain (Aug-4-20). Bot: \$23 (Sept 23-20), \$25.50 (Dec-22-20). Sold some at \$24.25 (Mar-31-21) for average 14% gain. Bot: \$27.50 (May-21-21), \$23.95 (Oct-29-21). Sold half at \$19.20 for 17% loss. AVG position: \$23.30.	<b>19.183</b>	Hold for now.	ST: \$30, MT: \$50
<b>PSLV</b>	Alternative to trading silver in commodity markets.	H	Bot: 5.50 (Jul-17-2019), 6.25 (Aug-7-19), 6.19 (Nov-8-19), 4.65 (Mar-18-20) (AVG: 5.65). Sold half for 17% gain. Sold more at 9.50 for 70% gain (Aug-4-20). 8.20 (Sept-23-20), 8.87 (Dec-22-20). Sols some at \$8.75 (Mar-31-21) for average 14% gain. Bot 9.99 (May-21-21), 8.35 (Oct-29-21). AVG:\$ 8.12	<b>6.67</b>	2dc below \$5.25	-
<b>AEM</b>	Holding a full position. Continues to move in sideways pattern between \$38 & \$47 suggesting accumulation. Keep your positions.	H	\$49 (Feb-9-22). Sold some at \$61.50 (Mar-17-22) for 26% gain! Bot \$52.75 (Jun-1-22); Sold some at \$43 for 15% loss. AVG: \$50.88	<b>41.13</b>	Hold during weakness.	\$80
<b>HL</b>	Holding reduced position. Continues to hold above key support level at \$3.50. Must now break and stay above \$4.50 to show signs of renewed strength that could push HL to its heavier resistance level near \$6.50. Keep your positions.	H	\$5.90 (Dec-22-20), \$5.90 (Jan-7-21), \$5.45 (Jan-20-21). Sold half at \$9 for 56% gain (Jun-9-21), \$7 (Jul-8-21), \$5.80 (Oct-29-21), \$4.50 (May-18-22). Sold half at \$4 for 30% loss. AVG: \$5.75.	<b>3.97</b>	Hold during weakness.	ST: \$9.50 & MT: \$12
<b>OR</b>	Holding a small position. Failed to hold on to recent gains showing resistance below Apr downtrend remains. Must now rise above \$11 to show signs of renewed strength. Keep your positions. Sell your small position above \$10.	H	Bot: \$13.60 (Jul-8-21), \$13.30 (Jul-12-21). Sold half at \$10 for 25% loss. AVG: \$13.45.	<b>9.86</b>	Hold during weakness.	\$16 & \$20.
<b>HMY</b>	Holding reduced position. Hugging bottom side of Mar downchannel at \$2. Must rise above \$3 to show renewed strength. Waiting to unload. Sell your reduced position near \$3.	H, S	\$3.90 (Jul-7-21), \$3.75 (Nov-10-21). Sold half for 35% gain (Mar-2022). \$3.50 (May-18-22). Sold half at \$3.25 for 10% loss. AVG: \$3.65.	<b>2.12</b>	Hold on during weakness.	\$7.50.
<b>CASH &amp; TREASURIES (18%)</b>						
<b>U.S. DOLLAR (DXZ22)</b>	The U.S. dollar index continues to hold near the highs. It'll remain very strong above the Feb uptrend near 107. Fundamentals continue to strongly favor the U.S. dollar over other currencies. And as the supply of dollars continues to tighten, it's likely the demand for dollars will remain strong, thereby, keeping the U.S. dollar index lofty or even on the upmove against other currencies. Dollar strength will also continue to put downside pressure on commodities. I'll continue to keep cash in dollars.	H	-	<b>109.94</b>	-	-
<b>UBT</b>	Overweight. Weakness seemingly hollowing out ST. Could see a bounce up to the \$30 level ST. Wait for bounce to sell near \$30.	H, S	\$36.50 (Apr-27-22), \$32.50 (Jul-7-22). AVG: \$33.50.	<b>27.84</b>	Holding through weakness.	ST: \$42; MT: \$50

**TRADER SHEET CONTINUED**

Symbol	Trade Update &/or Current Position	Status B=Buy S=Sell O=Out H=Hold	Long or Short	Last Closing Price	Stops	Targets
<b>INDUSTRIAL METALS AND ENERGY (47%)</b>						
<b>IVN.TO IVPAF.OT C</b>	Overweight. Found some resistance at the Mar downtrend near \$9.50, but it continues to trend up as long as it holds above the Jul uptrend near \$8.40. Keep your positions.	H	\$9.90 (Nov-17-21). Sold at \$12.05 (Jan-18-22) for 21% gain. \$10.50 (Mar-16-22), \$9.95 (May-18-22), \$8 (Jun-22-22) AVG: \$9.48.	<b>8.84</b>	Hold during weakness.	\$13 (ATUSF: \$10.50).
<b>ALS.TO &amp; ATUSF.OT C</b>	Overweight. Showing resistance at Jun highs near \$20. Now testing Jul uptrend near \$17.75 after pull back. Keep your positions.	H	Bot: \$16.75 (Jun-28-21), \$16 (Aug-18-21), \$16.15 (Oct-18-21). Sold half at \$21 to protect 30% gain. Bot: \$18.25 (May-12-22). AVG: CA\$16.75.	<b>18.12</b>	Keep through weakness	\$30 (ATUSF: \$28).
<b>NXE</b>	Overweight. Pulling back from recent highs near \$5, but continues to uptrend. It's looking strong above \$4. Keep your positions.	H	Bought: \$3.25 (Mar-10-21), \$3.77 (Apr-14-21). Sold half for 48% gain! Bot: \$3.85 (Jul-21-21), \$4.10 (Aug-25-21). Sold some at \$5.80 for 55% gain! Bot: \$4.90 (Nov-24-21). Sold some at \$5.65 for 33% gain (Mar-31-22). Bot: \$3.90 (May -12-22). AVG: \$4.10.	<b>4.08</b>	Holding during weakness.	ST: \$7 & MT: \$10.
<b>URC.V &amp; UROY</b>	Overweight. Pulling back after testing Oct downtrend near \$4.25. Continues to develop a bullish upside above the Jul uptrend near \$3.25. Keep your positions.	H	\$3 (Aug-18-21), \$3.10 (Aug-26-21). Sold half at \$6.30 for 105% gain! Bot: \$5.75 (Oct-15-21), \$5.65 (Oct-29-21). Sold excess at CA\$6.50 for 48% gain! Bot: CA\$4.90 (Dec-3-21), \$3.62 (May-11-22). AVG: CA\$4.40.	<b>3.54</b>	Holding during weakness.	ST: \$7, MT: \$10 (UROY: ST: \$5.70 & MT: \$8).
<b>URG</b>	Overweight. Pulling back showing resistance below Nov downtrend remains strong. However, URG is also developing an uptrend since Jul showing strength above \$1.18. Keep your positions.	H	Bot: \$1.90 (Nov-10-21), \$1.45 (Nov-30-21), \$1.30 (Dec-22-21), \$1.15 (May-11-22). AVG: \$1.45.	<b>1.26</b>	Holding during weakness.	ST \$2.10; MT: \$2.60
<b>FCX</b>	Holding a full position. Struggling to surpass resistance at \$32, but still holding above support at \$27.80. Keep your positions for now.	H	Bot: \$39.25 (Jun-1-22), \$34 (Jun-20-22). AVG: \$36.60.	<b>29.73</b>	Holding during weakness	ST: \$50; MT: \$80
<b>CTRA</b>	Holding a full position. Pulling back from new highs; now testing deeper support at Aug 2021 uptrend near \$28. Keep your positions for now.	H	\$26.50 (Jun-22-22), \$26.75 (Jun-30-22). AVG: \$26.60.	<b>28.92</b>	2dc below \$24	\$37
<b>AR</b>	Holding a full position. Reached a new low since pulling back from the highs. Still holding above key support at Jan uptrend near \$33. Keep your positions.	H	\$30.75 (Jul-13-22), \$35 (Aug-5-22); AVG: \$32.8.	<b>37.20</b>	2dc below \$31.	ST: \$47; MT: \$60
<b>MELT UP RISE PORTFOLIO (13%)</b>						
<b>LMT</b>	Holding full position. Downtrending, showing ongoing resistance below the Apr downtrend near \$440. But it's also showing support above \$400. Longer term, LMT continues to consolidate the longer term upmove in a sideways band between \$380 and \$480 since Feb this year. Keep your positions.	H	\$415 (Mar-16-22), \$430 (May-12-22). AVG: \$422.50.	<b>420.67</b>	2dc below \$400.	\$600
<b>OGE</b>	Holding a full position. Holding firm above Jun uptrend (adj). Overall looks good above \$40. Keep your positions. Could now rise to the top side of the Nov 2021 upchannel near \$44. Keep your positions.	H	\$38.50 (Jul-13-22), \$38.30 (Jul-22-22). AVG: \$38.40.	<b>41.02</b>	2dc below \$38.	ST: \$44 & MT: \$58
<b>AVGO</b>	Holding small position. Coiling into symmetrical triangle between Mar 2022 downtrend near \$535 and Jul uptrend at \$485. A break in either direction will provide a glimpse towards its next move. Keep your positions.	H	\$505 (Jul-20-22).	<b>493.06</b>	2dc below \$450	\$600
<b>HPE</b>	Holding small position. Continues to slide, now reaching critical support at the Jul low near \$12.50. Keep your positions for now.	H	\$13.75 (Jul-20-22).	<b>12.77</b>	2dc below \$12.50	\$17

## Trading Strategy

GCRU Trading is all about achieving profits by trading stocks, commodities and bonds. We have a diversified approach using companies with great fundamentals offering great value compared to the broader market. Trades are driven mainly by technical analysis but stocks are picked based on their fundamentals, momentum and their overall strength in their sector. All recommended companies are great assets, and even though we trade short and intermediate trends, they are worthwhile keeping longer term if you're building a longer-term portfolio.

I also believe in an approach that allows us to average in and average out. This is important because averaging in near a low, and averaging out near a peak gives us great profit advantages.

My portfolio is designed for you to follow it down to the penny, but you can also use it as a reference or guide. Or you can just use the individual trades I'm constantly coming up with.

The track record I keep takes into account all of the trades executed. It doesn't take into account performance on cash, dividends nor does it contemplate associated fees or expenses.

For trading purposes, I consider a full position to be one that is 4% of my total portfolio. I tend to buy partial positions (consisting of 2% of total portfolio) and at any given moment I could be overweight, meaning owning more than a full position.

On the trader sheets found in the final pages of each issue, you'll see a reference to our positioning, be it overweight, full, reduced or small. I also include next to each portfolio section, the percentage allocated to that particular sub portfolio.

Transparency, communication and discipline are keys to successful trading. If you have any questions or concerns, please feel free to email me at [oayales@adenforecast.com](mailto:oayales@adenforecast.com).

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All charts in *GCRU* are daily prices.

Subscribers can obtain free online chart updates for all gold shares in *GCRU* via: [www.bigcharts.com](http://www.bigcharts.com). To view Canadian stks please use CA as prefix (i.e., to view Agni Eagle (Toronto) you must use CA: AEM).

**Note:** U should NOT feel our recommended prices are set in concrete. If mkts suddenly feel hot or cold to U, or dramatic news occurs, U can buy or sell, or stop at slightly higher or slightly lower prices. It also hinges on your experience level. Some people can use our prices as guides & know when they can take bigger risks.

**Spinner:** Spinner is an in-house momentum indicator (not always shown on charts). Momentum indicators use the rate of change in price to determine predominant energy flows. Spinner trading signals are generated when the faster timing line crosses above or below the slower confirming line.

Upside crosses in the lower range of positive territory offer the most reliable signals for longs; downside crosses in the top range of negative territory for shorts. Avoid trading against the timing line, i.e., buying/selling if the timing line is in corrective mode (against direction of trade) unless the confirming line is positioning for a new 'confirming cycle'. It's important to always be aware of location, direction & cycling phase of the confirming line. Spinner signals are more effective in trending mkts than in trading ranges where indicators such as Stochastic & Williams %R should be used.

ABBREVIATIONS	
1dc	1-day close (the share price must close above or below the indicated price level, before our recommendation is activated)
2dc	2-day close (consecutive)
bot	bought
CAD\$	Canadian dollar
H&S	head & shoulder
LOC	line on close
LT	long term
MT	medium term
NL	neckline
PF	portfolio
PO	price objective
Recom	recommended
RH&S	reverse head & shoulder
RS	relative strength
ST	short term
Sym/tri	symmetrical triangle
Tgt	target
Unch	unchanged
Vol	volume
Wk	week
Ystdy	yesterday
C	close

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